

COMMUNITY NEWS



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summer.

reminders

Please let me or the office know at
leescornerelem.attendance@fcps.edu
if your student's last day will be before
Friday, June 16th.

contact me



aeramalheira@fcps.edu



571-279-1225

COMMUNITY NEWS

All Together Now

June 16-Aug. 18


2023 Summer Reading Adventure


Grab a friend or two and unite with fellow readers at your local library. Join our Summer Reading Adventure and earn awesome rewards for reading!


Readers of all ages are encouraged to participate.




bit.ly/FCPL-SRA

 /fairfaxcountylibrary

 @fairfaxlibrary

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Imagine • Discover • Connect

Fairfax County Public Library
12000 Government Center Parkway
Suite 324
Fairfax, VA 22035
www.fairfaxcounty.gov/library



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March 2023



To request reasonable ADA
accommodations or
alternative format of materials,
call 703-324-8380
or TTY 711

COMMUNITY NEWS



Wellness, Health Promotion & Prevention

The Fairfax-Falls Church Community Services Board's (CSB) Wellness, Health Promotion & Prevention (WHPP) team strengthens our community's emotional health and ability to handle challenges related to mental health concerns and substance misuse through trainings, workshops, presentations, and campaigns.

TRAININGS



Mental Health First Aid

Courses for adults, youth, Spanish-speakers, older adults, higher education and public safety professionals. Learn to recognize the signs of a mental health or substance use disorder, help someone in a crisis, and identify support resources. (8 hours)



Adverse Childhood Experiences (ACE) Interface

Presentation to help understand the impacts of childhood adversity and trauma on development and how to build resiliency and improve well-being. (Free)



REVIVE! Rescuer Training

Understand opioids and how opioid overdoses happen. Learn the signs of an overdose and how to respond to an overdose emergency. (Free, 60-90 minutes)



QPR (Question, Persuade, Refer)

QPR is a suicide prevention program where participants learn to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. (Free, 60 minutes)



Talk. They Hear You.

Empowers parents and caregivers to talk with children and teens about alcohol. Understand the risks and triggers of underage drinking and how to play a role in prevention. (Free, 90 minutes)

INITIATIVES



Test Your Mood (English & Spanish)

Get a checkup from your neck up! Receive quick, free and confidential online screenings and resources for a variety of mental health issues. bit.ly/TestYourMood



Fairfax Prevention Coalition (FPC)

FPC is a community-based partnership to combat substance misuse in our community.



Suicide Prevention Alliance of Northern Virginia (SPAN)

SPAN is a regional alliance committed to building on strengths and empowering communities to prevent suicide. www.suicidepreventionnva.org



Lock & Talk

"Lock Meds. Lock Guns. Talk Safety." promotes safe and responsible care of lethal items to prevent their misuse and encourages communities to talk about mental wellness.



Counter Act

The initiative assesses the availability of tobacco products in the community and educates tobacco vendors on not selling tobacco to minors.



AI's Pals

Equips teachers to create safe, empathic classrooms that teach children 3 to 8 years old to self-regulate, form caring relationships and make safe and healthy choices. (Free)



For more information, call 703-383-8451
or email csbprevention@fairfaxcounty.gov.



Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Reasonable accommodations will be provided upon request. Call 703-324-7000, TTY 711.

Dec2022

www.fairfaxcounty.gov/csb

COMMUNITY NEWS

QPR

(QUESTION, PERSUADE, AND REFER)

SUICIDE PREVENTION TRAINING

Ask a Question, Save A Life. Three steps anyone can take to help prevent suicide. You can be a resource for someone who might be struggling. Let's make sure everyone in our community knows how much they matter.

QPR in Spanish, July 6

11:00 a.m. to 12:30 p.m.

Register at bit.ly/QPR-ES-7-6-23

Tuesday, July 11

6:00 p.m. to 7:30 p.m.

Register at bit.ly/QPR-7-11-23

Saturday, July 29

9:00 a.m. to 10:30 a.m.


Register at bit.ly/QPR-7-29-23



Question, Persuade, Refer (QPR) virtual training is offered free to the community for anyone ages 16 and older.

Learn to recognize the warning signs, how to intervene, and where to refer someone who is in crisis. Are you QPR ready?



 www.fairfaxcounty.gov/csb

 @FairfaxCSB  @FairfaxCSB



Reasonable accommodations provided upon request; call 703-324-7000, TTY 711.

May 2023

COMMUNITY NEWS

who to contact during
the summer break



Family Information Phone Lines

Amharic (አማርኛ): [571-423-4957](tel:571-423-4957)

Chinese (中国人): [571-423-4953](tel:571-423-4953)

Korean (한국어): [571-423-4951](tel:571-423-4951)

Urdu (اردو): [571-423-4955](tel:571-423-4955)

Arabic (العربية): [571-423-4952](tel:571-423-4952)

Farsi (فارسی): [571-423-4954](tel:571-423-4954)

Spanish (español): [571-423-4950](tel:571-423-4950)

Vietnamese (Tiếng Việt): [571-423-4956](tel:571-423-4956)



Community Liaisons

English - Spanish: 571-499-9969 • 703-204-4316 • 703-742-4902

English - Korean: 703-204-4317

English - Arabic: 703-204-4315



Family Resource Center

General Information: 703-204-3941

Amal Elsayed: 703-204-3956

