

Rachel Carson Middle School

13618 McLearen Road Herndon, VA 20171 703) 925-3600 (703) 925-3697 Fax

Dear Parent or Guardian:

The school health room is reminding parents and guardians that all medication stored in the health room must be picked up no later than the student dismissal time on the last day of school. Medication left in the health room after that time will be destroyed. It is school policy that medications must be picked up by the parent or guardian. Medication cannot be sent home with your student. However, with parent or guardian permission, a high school student may transport over-the-counter medications to and from the school health room. If your student will be enrolled in a summer program sponsored by Fairfax County Public Schools, the existing medication authorization form(s) may be used for the summer program, but you will need to pick up the medication on the last day of school and deliver the medication and completed forms to the summer learning site on the first day of the summer program. Please let the health room know if you would like a copy of the form(s).

Medication authorization forms for next school year may be obtained from the school or online at https://www.fcps.edu/resources/student-safety-and-wellness/school-health-services. A medication authorization form is required for any medication, prescription or over-the-counter, to be kept at school. Please be sure medication orders are clear. All information on the form must be completed. Part I must be signed and dated by the parent or guardian. Part II must be signed and dated by your health care provider. Approved over-the-counter medications given for headaches, muscle aches, orthodontic pain, or menstrual cramps do not need a health care provider's signature. Antibiotic or antiviral medications for 10 consecutive school days or less do not require a health care provider's signature either. For all asthma medications, a Virginia Asthma Action Plan must be provided. More detailed information is available on the back of the medication authorization form(s).

Over-the-counter medication must be in the unopened original container and clearly labeled by the parent or guardian. No more than 100 pills/tablets of OTC medication should be brought to school at a time. All prescription medication, including samples, must be labeled by the pharmacist or health care provider. Please make sure that the label clearly states your student's name, the name of the medication, the dosage of the medication, and the time to be given.

Your cooperation will ensure that we can safely give your student, their medication. If you have any questions, please contact your school public health nurse, Minjung Ellenburg, at mellenburg@fcps.edu.

Thank you for your cooperation and have a good summer.

Sincerely,