



FAMILY PEER SUPPORT PARTNER SERVICES

Are you the parent/caregiver of a youth who lives with a mental health or substance use condition?

WHO WE ARE

Family Peer Support Partners (FPSPs) are trained parents and caregivers who use their personal experience to offer support for parents and caregivers of youth diagnosed with mental health or substance use. FPSPs understand first-hand the challenges families may experience because they have navigated mental health and substance use systems with their own child. They have been trained to support families like yours.

WHAT WE DO

- Identify and use your strengths
- Encourage and support family to achieve desired outcomes
- Advocate for your child's needs
- Connect with effective family supports, services, and treatment options
- Empower families
- Understand your resources and recommendations
- Find hope

WHO IS ELIGIBLE:

PRs Family Peer Support Services are available to Families residing in Fairfax County and the cities of Fairfax and Falls Church, including but not limited to parents, stepparents, extended family and fictive kin, with an identified child/birth through age 21 diagnosed with mental health or substance use.

WHO CAN REFER:

**Self-Referral
Case Manager
Team Facilitator
Other Professionals**

HOW TO REFER:

**Please visit
<https://prsinc.org/family-peer-supports/>
and submit a FPSP Referral**

If your family is currently working with an agency or provider, please ask them to submit the Agency Referral.

IN PARTNERSHIP WITH

Healthy Minds Fairfax



Changing Lives. Saving Lives.

OUR MISSION is to provide behavioral health, crisis intervention and suicide prevention services.

OUR VISION is to change and save lives in our community by empowering hope, safety, recovery, wellness, independence and community integration.

Established in 1963, PRRS provides life changing and life-saving programs for adults, teens, and families in need of mental health or suicide prevention services in our community.

DID YOU KNOW?



1 IN 5 ADULTS

experience mental illness in the U.S.*

Suicide is the

2ND LEADING CAUSE OF DEATH

among youth ages 10-24 in the United States.*

*Source: www.nami.org/mhstats

IN FISCAL YEAR 2022:

140,000+

calls, texts & chats handled by PRRS' CrisisLink program.

1,800+

individuals & families served by PRRS.

90%

of individuals served avoided hospitalization.

65%

of individuals served with jobs were employed for 12 months or longer on the same job.

85%

of individuals served used coping skills to manage psychiatric symptoms or behavioral challenges.

VIRGINIA SERVICE AREA:

REGION 1

Regional Crisis Call Center services provided. Behavioral health services provided in some areas.

REGION 4

Regional Crisis Call Center services provided.

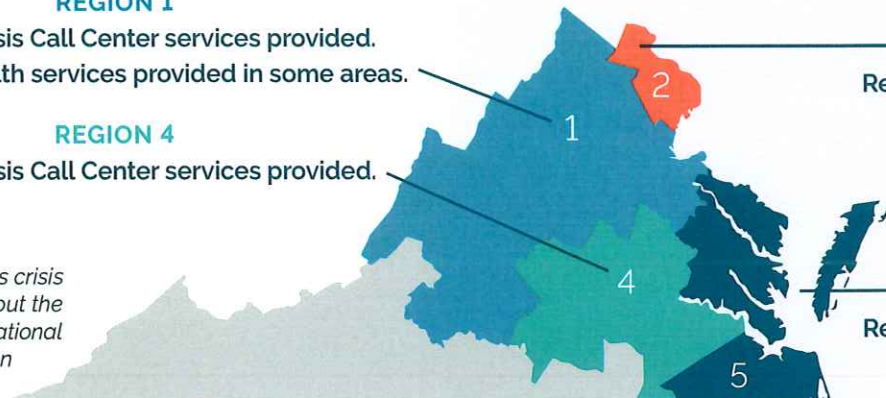
REGION 2

Regional Crisis Call Center services provided. Behavioral health services provided.

REGION 5

Regional Crisis Call Center services provided.

PRRS also provides crisis services throughout the country via the National Suicide Prevention Lifeline.



**OUR
SERVICES**

CrisisLink

Psychosocial Day Program Services:

- *Recovery Academy*
- *Community Readiness and Support Program (CRSP)*

Supported Employment Services

Community Support Services

Community Housing

Coordinated Specialty Care

- *Linking Individuals and Navigating Care (LINC)*

Peer Services:

- *Family Peer Support Partners (FPSP)*
- *Contracted Peer Support Specialist Services - Arlington and Loudoun County*
- *BeWell*

Outpatient Therapy

"The feeling of community is wonderful at PRS. It makes me feel important. Thank you, PRS, for all the hope you held for me until I could hold it on my own."

–PRS RECOVERY ACADEMY CLIENT

"For those few minutes we're on the phone, that's all I'm doing - holding the flashlight. I can't fix anything for them. I can't carry the burden for them. But I can help them feel a little less alone for a few minutes. I can help them find hope."

– CRISISLINK VOLUNTEER
CRISIS WORKER

**GET
INVOLVED**

Make a difference in your community by helping PRS provide supports to individuals and families living with mental illness and anyone who faces life crises.

VOLUNTEER:
prsinc.org/volunteer

BECOME A CORPORATE PARTNER:
prsinc.org/corporate-partners

MAKE A GIFT OR IN-KIND DONATION:
prsinc.org/donate

FOLLOW US ON SOCIAL MEDIA:

 @PRSincorporated

 @PRSincorporated

 @PRS_MentalHealth

LEARN MORE | 703-536-9000 | prsinfo@prsinc.org

PRS CRISISLINK | CALL: 988 | TEXT: 988 | CHAT: 988lifeline.org/chat