

Isolation and Quarantine Requirements for Students for School-Related Exposures (Effective August 11, 2022)

REDCap Reporting Guidance for Students	Return to School Guidance for Students
<p>All REDCap reporting requirements for positive cases and outbreaks are available at https://drive.google.com/drive/folders/1HVi62BQjuFAPAgZQzAKNhvVHBzX0qHIV</p>	<p>All current isolation and quarantine guidance for students is available at https://www.fcps.edu/return-school/health-and-safety-guidance-document.</p> <p>ISOLATION</p> <p>Isolation period for COVID positive students of 5 days. The student may return on days 6-10 when the following criteria is met:</p> <ul style="list-style-type: none"> ● Fever free for 24 hours (without the use of fever-reducing medication) AND ● Symptoms are improving ● As recommended by the Centers for Disease Control and Prevention (CDC) individuals should continue to wear a well-fitting mask around others at home and in public for 5 additional days (day 6 through day 10) after the end of the 5-day isolation period. ● If individuals are unable to wear a mask when around others, they should continue to isolate for a full 10 days at home. <p>QUARANTINE</p> <p>Community Exposure:</p> <ul style="list-style-type: none"> ● When a student is identified as a close contact to a COVID-19 exposure in the community (i.e. not associated with a school-related case), students are recommended to adhere to the CDC and VDH guidance for quarantine, as appropriate. ● Students are not required to submit documentation to their school to resume in-person activities. ● If parents/guardians have questions regarding quarantine they can access the Fairfax County Health Department COVID-19 webpage. <p>School Outbreak Exposure:</p> <ul style="list-style-type: none"> ● If a student is identified as a close contact related to an outbreak, the FCHD will contact them to provide public health guidance, including guidance on quarantine.

Close Contact- Quarantine Requirements for Staff (Effective August 26, 2022)

	Red Cap Required	Quarantine Requirement	Requirement to Return to Work	Leave Taken	Ability to Telework
<p>Asymptomatic and are up to date on vaccines or have had confirmed COVID-19 within the last 6 months (meaning you tested positive for COVID-19 using a viral test) and</p>	<p>No, unless staff member later tests positive.</p>	<p>For persons who have had recent confirmed or suspected exposure to an infected person (regardless of vaccination status), quarantine is no longer recommended for K12 School and Early Care and Education settings . These individuals may continue to attend programming as long as they remain asymptomatic.</p> <ul style="list-style-type: none"> ● Masks: Students/staff that attend programming during the 10 days after exposure may choose to wear a mask around others indoors. The date of last exposure to the person with COVID-19 is considered Day 0. ● Testing: Persons who have had recent exposure may consider testing for COVID-19 ≥ 5 days after exposure (or sooner, if they are symptomatic), irrespective of their vaccination status. Schools may use available VDH 	<p>N/A</p>	<p>N/A</p>	<p>N/A</p>

recovered		<p>testing resources to support this testing.</p> <ul style="list-style-type: none"> • Test to Stay is no longer routinely recommended. Schools that choose to implement Test to Stay programs can contact VDH for more information on available testing resources and/or guidance. • If the school or facility is experiencing an outbreak of COVID-19 that has been difficult to control or is unusual in size or scope, regional and local epidemiologists may apply professional judgment and recommend traditional quarantine and isolation standards be applied until the situation is stabilized. 			
Asymptomatic and are NOT up to date on vaccines or had confirmed COVID-19 more than 6 months ago (meaning you tested positive for COVID-19 using a viral test), and recovered	No, unless the staff member later tests positive.	<p>For persons who have had recent confirmed or suspected exposure to an infected person (regardless of vaccination status), quarantine is no longer recommended for K12 School and Early Care and Education settings . These individuals may continue to attend programming as long as they remain asymptomatic.</p> <ul style="list-style-type: none"> • Masks: Students/staff that attend programming during the 10 days after exposure may choose to wear a mask around others indoors. The date of last exposure to the person with COVID-19 is considered Day 0. • Testing: Persons who have had recent exposure may consider testing for COVID-19 ≥ 5 days after exposure (or sooner, if they are symptomatic), irrespective of their vaccination status. Schools may use available VDH testing resources to support this testing. • Test to Stay is no longer routinely recommended. Schools that choose to implement Test to Stay programs can contact VDH for more information on available testing resources and/or guidance. • If the school or facility is experiencing an outbreak of COVID-19 that has been difficult to control or is unusual in size or scope, regional and local epidemiologists may apply professional judgment and recommend traditional quarantine and isolation standards be applied until the situation is stabilized. 	N/A	N/A	N/A
Symptomatic and are up to date with COVID-19 vaccines	No, unless the staff member later tests positive.	<p>If a close contact becomes symptomatic between Day 0-10, they need to remain out of school and school related activities until one of the following criteria is met:</p> <p>Documentation of a negative COVID-test or</p> <p>Documentation of an alternative diagnosis from a physician or</p> <p>Isolate for 5 days from symptom onset (see isolation guidance for staff).</p>	Employee Return to Work Attestation Post COVID Quarantine/Isolation form completed and returned to principal.	Employees who are up to date with their COVID-19 vaccines can access up to 10 days of admin leave (up to two occurrences a year) for COVID related quarantines/ isolation.	These employees should telework if they are well enough. If teleworking, no leave is required.
Symptomatic and are not up to date with COVID-19 vaccines	No, unless the staff member later tests positive.	<p>If a close contact becomes symptomatic between Day 0-10, they need to remain out of school and school related activities until one of the following criteria is met:</p> <p>Documentation of a negative COVID-test or</p> <p>Documentation of an alternative diagnosis from a physician or</p> <p>Isolate for 5 days from symptom onset (see isolation guidance for staff).</p>	Employee Return to Work Attestation Post COVID Quarantine/Isolation form completed and returned to principal	These employees must use sick leave.* *unless possess a medical or religious exemption approved by EER	No.* *unless possess a medical or religious exemption approved by EER

COVID Positive- Isolation Requirements for Staff (Effective August 25, 2022)

	Red Cap Requirement	Isolation Requirement	Requirement to Return to Work	Leave Taken	Ability to Telework
Staff who are positive and have to isolate.	Yes, if onsite during an infectious period.	<p>Completes at least 5 days of isolation from symptoms onset (for symptomatic staff) or 5 days since testing positive (day test was administered) for COVID (for asymptomatic staff); AND</p> <p>Staff member is fever free for 24 hours without fever-reducing medication; AND</p> <p>The staff member's symptoms have improved.</p> <p>Staff who do not meet the criteria above should continue to isolate until their symptoms have improved and they are</p>	<p>Employee Return to Work Attestation Post COVID Quarantine/Isolation form completed and returned to principal. NOTE: You do not need a negative test to return to work.</p> <p>CDC has streamlined their guidance for shortening the post COVID masking period. Please review their guidance from August 11, 2022*</p> <p>*After you have ended isolation, when you are feeling better (no fever without the use of fever-reducing medications and symptoms</p>	<p>Employees who are up to date with their COVID-19 vaccines can access up to 10 days of admin leave (up to two occurrences a year) for COVID related quarantines/ isolation.</p> <p>Employees that are NOT up to date with their COVID-19 vaccines must use their own leave unless they have a current approved religious or medical exemption from EER.</p>	Employees should telework if they are well enough. If teleworking, no leave is required.

		<p>fever free for 24 hours without fever-reducing medication.</p> <p>NOTE: After you have ended isolation, if your COVID-19 symptoms recur or worsen, restart your isolation at day 0. Talk to a healthcare provider if you have questions about your symptoms or when to end isolation.</p>	<p>improving),</p> <ul style="list-style-type: none"> • Wear your mask through day 10. <p>OR</p> <ul style="list-style-type: none"> • If you have access to antigen tests, you should consider using them. With two sequential negative tests 48 hours apart, you may remove your mask sooner than day 10. <p>Note: If your antigen test results are positive, you may still be infectious. You should continue wearing a mask and wait at least 48 hours before taking another test. Continue taking antigen tests at least 48 hours apart until you have two sequential negative results. This may mean you need to continue wearing a mask and testing beyond day 10.</p>		
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