Food and Items we will need are:

* Kidney Beans
* Pinto Beans
* Black Beans
* Rice
* Pasta
* Maseca Flour
* Chicken in a can
* Fruit in cans
* Fruit cups
* Toothpaste
* Shampoo & Conditioner
* Snack Bars
* Snack Cookies – individually packed
* Nuts individually packed – Almonds; peanuts.
* Raisins individual small boxes
* Cereal Boxes
* Crackers
* Chips – individually packed
* Cup of cereal
* Cup Noodles Soup
* Tuna Salad with crackers Snacks – ready to eat
* Chicken Salad with crackers Snacks – ready to eat
* Crackers – individually packed
* Cookies – individually packed
* Dry Fruits (individually wrapped)

Clothes:

* Boys & Girls sweatpants – Youth 18/20 to Adult Medium
* Boys & Girls long sleeve t-shirts sweaters or sweatshirts– Youth 18/20 to Adult Medium
* Boys underwear – Adult Size S to L - New
* Girls underwear – Adult Size XS to L - New
* Socks Boys/Girls- (for adult shoe sizes 6 to 9) New