**Updates from John Lewis High School’s Student Services Department**

Week of April 18, 2022

**Calendar Dates:**

**April 18** - WELLNESS WEEK AT Lewis HS

**April 20** - Wellness Fair during Advisory

**April 25** - State Testing Season continues

**April 26 -** SEL Screener Administered to all students, grades 9-12

**May 23-26 - Senior Exam Week**

**May 30 -** Memorial Day Holiday / No School

**June 2 -** Lewis HS Graduation (Lewis HS’ James W. England Stadium)

**June 6-9 - Underclassman Exam Week**

**June 10 -** Last Day of School (Underclassmen)

**Announcements & Information**

### Wellness Week at Lewis HS

Students will participate in a combined SPIRIT and Wellness Week. Students will have advisory lessons, watch video clips, participate in a Wellness Fair, and then attend the Friday Pep Rally. This week will focus not only on fun but also on ways to cope with stress, including mindfulness, meditation, gratitude, and physical activity. Wednesday during 4th period is the Wellness Activity Fair and Friday last block will be the Pep Rally (bell schedule change on Friday to 2-8-6-4). Students should wear their class color on Friday!

**SEL Screener**

The SEL Screener will be administered through Advisory Classes on **April 26**. Students will answer a brief (10-15 minute) survey about how they are doing in several categories. Their responses will be shared with their parents, teachers, and school staff in an effort to better understand and respond to their individual needs. This survey is a strategy FCPS has implemented to assess and respond to student Social-Emotional Learning. For more information: <https://www.fcps.edu/student-tests-and-assessments/student-assessment-details/social-emotional-screener>

**Testing Season**

Testing season is here and the following plan has been established for SOL, Workkeys, AP, and IB exams. Changes to this plan will be communicated by our Testing Coordinator, Ms. Sachdeva, and all will be included on the morning announcements. CELL PHONES are strictly prohibited in any testing environment. Testing rules, schedules, and changes to schedules will be communicated to students by teachers and staff so students understand expectations and happenings.

* **April 25-28:** SOLs for Seniors; Workkeys for Seniors
* **April 28:** IB Physics SL, IB Anthro HL & SL, IB Business Management HL
* **April 29:**  IB Group 6 - IB Arts External Assessment due; IB Anthro HL & SL, IB Business Management HL
* **May 2:** AP US Govt
* **May 3:**  Geospatial Analysis Final (JMU)
* **May 4:**  IB History HL
* **May 5:**  AP Statistics, IB History HL, IB ESS SL
* **May 6:**  IB ESS SL, IB Math HL
* **May 9:**  AP Calculus AB & BC, AP Computer Science, IB Math HL & SL
* **May 10\*:** Reading SOL, IB Arabic HL
* **May 11\*:**  Algebra 1 and 2 SOL, IB Arabic, IB Biology HL
* **May 12\*:** Biology SOL, IB Math HL, IB English HL & SL
* **May 13\*:** Geometry SOL, Chemistry SOL, Earth Science SOL, USVA History SOL, IB Geography SL
* **May 16:**  IB Geography SL, IB Spanish (SL, HL)
* **May 17:** IB Spanish (SL, HL), Psychology HL
* **May 18:** IB Psychology HL, IB Chemistry SL, AP Statistics\*\*Late exam
* **May 19:**  Reading SOL Expedited Retakes, IB French
* **May 20:**  Math Expedited Retakes, AP US Govt\*\*Late Exam, IB French
* **May 23:** Biology Expedited Retakes
* **May 24:**  Chemistry, Earth Science, History Expedited Retakes

**\*May 10-13** *there will be a bell schedule change. Students will attend classes in different period order and the first block will be longer to allow for more testing time.*

* May 10: Period order is 2, 6, 4, 8
* May 11: Period order is 1, 5, 3, 7
* May 12: Period order is 8, 6, 4, 2
* May 13: Period order is 7, 5, 3, 1

### Senior Events/End of Year Schedule

On **4/26** during Advisory, Dr. Sikes, Mrs. Hudson, and Class Sponsors will host a senior class meeting to review upcoming expectations, dates, and events. These include:

* **5/7:** Prom at the Torpedo Factory in Old Towne, Alexandria (tickets required and sold in advance)
* **5/23-5/26:** Senior Exam Week
* **5/26:** Senior Awards Night (time-TBD)
* **5/26:**  Seniors turn in laptops, chargers, and any textbooks, school property they have
* **5/26:** Final day for seniors to turn in any work
* **6/1:** Graduation Rehearsal and Senior Picnic
* **6/2:**  GRADUATION

### Does your Child Need a Prom Dress? Any FCPS student may receive a FREE gently used or new prom dress this year, while supplies last.

### At Edison High School, students can shop on April 20 and 21 and the information is here: <https://edisonacademy.fcps.edu/announcements/princess-night-prom-project-back>

### At Centreville High School, students can shop on April 22 from 4:000pm-7:00pm, April 23 from 2:00pm-5:00pm, and April 24 from 1:00pm-4:00pm. Students must bring a Student ID with them.

### Schoology Design Challenge for Students

FCPS students in grades K-12 are eligible to participate in the Schoology design challenge to fill the big blue field on the Schoology login page. This [Calling all Artists and Designers: Schoology Design Challenge](https://docs.google.com/document/d/1gQ-SuejTHcfgzqNX8I1D5JQeQz15Szqd2eQYnIfEzL8/edit?usp=sharing) document contains details that can help support you with communicating the opportunity to students. Information about this challenge is also going to several groups (SBTS, Art and CTE teachers) within your school over the next several weeks. Submissions are due by 11:59 p.m. on May 20, 2022.

**FREE Tutoring for Students**

All FCPS students now have unlimited access to online tutoring support services through Tutor.com at no cost. Most subjects are available. All tutors must pass a rigorous application process including an extensive background check. No personal information is shared between a student and tutor. All sessions are recorded and transcripts are available for review by teachers and parents/guardians.

**Watch this 5 minute video on how to access Tutoring.com through your Schoology site:**

* [**Tutor.com: How it Works Middle and High School**](https://www.youtube.com/watch?v=ggPU1zxli9I)
* [**Tutor.com: How It Works Middle and High School (Spanish)**](https://youtu.be/jaMdkiMg1Yk)

**College & Career Center**

**FAFSA (In person)**  help **every Tuesday** in the College & Career Center from 11:20am-1:20pm

**Essay help every Wednesday** in the College & Career Center from 11:20am-1:20pm

**NOVA** counselor in the College & Career Center **April 21**, 2022 from 11:20-1:20pm

**NOVA Medical Education Campus Open House** will be held Saturday, **April 23** from 11-2pm. This event is free and open to all who are interested in knowing more about the MEC Programs and Services. We are planning to have activities for ALL ages. There will be free health screenings, games, prices and giveaways, FREE Kona Ice will also be available. Visitors can take self-guided tours of the campus, and the program manager for each area will be available to discuss information about the programs. If there are any questions or concerns please contact Corrin House at: chouse@nvcc.edu or 703-822-0047.

**Career talk with Dr. Sapre, Physician's Assistant (in person)** in the College & Career Center **April 26** at 3:30pm

**College Application Workshop: April 28** at 3:00pm in the College & Career Center**:** Juniors, are you wondering if there’s anything you can be doing now to help lighten the load next fall when you submit your college applications? Come for this one hour, hands-on workshop led by a college admissions counselor. Let us help you get organized and prepared for your college applications. We’ll also get you thinking about your college essay and resources to help you create a list of schools that “fits you”.

**Scholarship Opportunity**

The Washington Korean Women’s Society would like to award (5) $1,000 scholarships to FCPS Seniors who will be attending college in the fall. The scholarship is open to any ethnicity, student should have 3.0 GPA or higher, family income should be below $70,000 per year. A 300-word essay should be written on how the student has overcome a significant obstacle in life. All submissions are due on Friday, **May 6**, 2022. See Ms. Shaw in the Career Center for an application.

**Horatio Alger Career & Technical Scholarship.** 500 scholarships at up to $2,500 each. The Career & Technical Scholarship Program is funded through the generosity of Horatio Alger Association Members, Jim F. Dicke II and Dennis Washington. Applications are here: <https://scholars.horatioalger.org/about-our-scholarship-programs/technical/> **Deadline: June 15, 2022**

**Summer 2022 Opportunities**

**FCPS Summer School 2022** <https://www.fcps.edu/academics/summer-learning>

* Credit Recovery (will be at Edison HS) - to repeat a course the student failed (FREE)
* WorkKeys Writing and Reading Remediation Program - to receive help to pass one of these testing requirements ($375 and lower, based on free/reduced meals status)
* FCPS Online Campus - to take a new course ($375 and lower, based on free/reduced meals status; must have a computer)
* Self-Directed Econ & Personal Finance (Online) - for students in grades 9-12 who want to take this as a new course, which is a graduation requirement ($100 and lower, based on free/reduced meals status)
* Extended School Year for ESOL students - to repeat a course the student failed (Free)

**Resources for Students & Families**

### JumpStart2NOVA Summer Program (12th Grade Students, Do Not Miss This!)

Qualified seniors graduating this spring who are considering *coming to NOVA* after high school may take one 3-credit course and NOVA’s 1-credit College Success Skills course, SDV 100, at *no tuition*! Since these classes are all online, students will need access to a computer and the Internet.

**The application is now open and will close at 5:00 PM on April 29, 2022.** All students will be required to upload a high school transcript and any qualifying test scores if they do not have a 3.0 GPA. Courses begin May 31 and end August 8, 2022.

To learn more about JumpStart2NOVA, including course offerings, materials, and details on how to apply, please visit [http://www.nvcc.edu/jumpstart/](https://secure-web.cisco.com/1P2Z6xj7btjvelrC2PmAaPYgxTKF56OiQXmLAL3soH5d1Ih_o6gAKyn3u7hLBVwHpOVrNKgvBJ8Sd23NA95a60uKuyeXt8nrd4KNIxkFtomDaR79WKMQtzdlRlN7YXigpBY49ESNzCVwjKZ5Hx1PKsg-d4e-FtA3UCTnZKJk5uh5gVvL4bOWm_tGBHGufgBy5vU5dV0T6_0E7zz3C-uIAsZx2iu84-QMyROMjO7PxT_8iXqDgiYzx5Tv0flZqPtgHt3gtguS1aoFpc1yaoDb1Md1AZkOsawF5tUvRPWH-5Feq8VmiIgCunnSRJMQlkQtyIFlNlQkyL_TNcB2JyZbQXRFNyXShW5wPoy22TdUAU3yHGYdmPMjvVOR9leFCZdlaLG7cx6MH6ZDL0vBaSPX5WhxZCrga2WYiGA_U2pMzc_LEj8OVcCK4CZjRFA9BDtXkq00wKMieovO0xo1DCF-CSA/https%3A//nam11.safelinks.protection.outlook.com/%3Furl%3Dhttp%253A%252F%252Fwww.nvcc.edu%252Fjumpstart%252F%26data%3D04%257C01%257Canearman%2540nvcc.edu%257Ca2c6207077c34c719b2f08d9fb917b3b%257C9f05c0e4988c48288359193b3485e731%257C0%257C0%257C637817424518534709%257CUnknown%257CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%253D%257C3000%26sdata%3D%252BI4e%252BKHTUV4irTOs42dgKMd%252BF%252FqHAVeuI8xYA8dQ4qo%253D%26reserved%3D0)

**Drug Take Back Day for the Community - FREE (Saturday, April 30 from 10:00am-2:00pm)**

Do you have old medications that need to be disposed of? What about vaping devices or pet medication? If so, this event is for you. Bring these items and they will be disposed of properly (which then protects the environment, prevents drug misuse, and prevents accidental poisoning).

**DROP-OFF SITES:**

* [Franconia District Station](https://www.fairfaxcounty.gov/police/district/franconia)6121 Franconia Road, Alexandria, VA 22310
* [Mason District Station](https://www.fairfaxcounty.gov/police/District/Mason)6507 Columbia Pike, Annandale, VA 22003
* [Mount Vernon District Station](https://www.fairfaxcounty.gov/police/District/MountVernon)2511 Parkers Lane, Alexandria, VA 22306
* [West Springfield District Station](https://www.fairfaxcounty.gov/police/district/westspringfield)6140 Rolling Road, Springfield, VA 22152

**Helpful Links**

* [2021-22 Standard School Year Calendar](https://secure-web.cisco.com/1yYZ0tdbVmqF-xYmkdPReQrhGTvMOzPF44x5fP5riDBMjnDpYPNw1SEJvGUcTZ4Ob0jhDuBAgOK3R-j6d-0Y4vvi8q2Euv_FcMAnUvdKPbUgKdKn0oAuznsG1kP56d1YiFyLIIzWe6sYCDG8oVbrAyBgVzfHPuoTGLfi49yNJXMNkW73M7iFas8CsXHtGL-3EX4G1gjyZa9yZCFnyPoS82SEq13bqt1w_DDUlwSiy4fhLkgYEXgJ2laUckX2V_12mFtWbD24TA7bHDoKGYGZ3DAGMvrrinhdmw39X9lqlKYoEFk3Z1elxn5e8BGa4-rbJyL4-92sIUazBjeb2xrJl_5sR30FNNZvDlGinWamo_lCj2J_A5If_CXsXQeIpmd3J6-dZGPXjG-9Vwt1ZjZVHQJHc0t8A5TpMKR_-f6tWlpuvfjLkDot-3XtMiuYrN30JLcupWjLToHWyDWGYGBqGbQ/https%3A//lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMzYsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjAzMDQuNTQzOTc1ODEiLCJ1cmwiOiJodHRwczovL3d3dy5mY3BzLmVkdS9jYWxlbmRhcnMvc3RhbmRhcmQtc2Nob29sLXllYXItY2FsZW5kYXI_dXRtX2NvbnRlbnQ9JnV0bV9tZWRpdW09ZW1haWwmdXRtX25hbWU9JnV0bV9zb3VyY2U9Z292ZGVsaXZlcnkmdXRtX3Rlcm09In0.x_q5euRfqC4j2X_CO7Rj_ape6485SYQ74AET_QaOO4o/s/568466388/br/127552151882-l)
* [Mental Health Resources and Emergency Services Information](https://secure-web.cisco.com/1iMMFG5u64v1bSDFsHY4H8BNck8PEf955P82cbtQgEBrQDf7R8b6HFGBvuN1uLM0Pq5qCcAJPsGEcAvDVrN8t56dYHhubDhvKt32HOf94JjwiiX8u6KougREzumAtzqBjxN5odW7UG-ddNPKDJogwwZSJM-1CE3VPc4cBVybHM7lwpSZBRBdp2qaQkIiPzyt7TExCUL4a4V49diUk3ID6SLNM2WVW5vdteu1gelTbW7vo8qjzcZIYSCcXgYE-tWq-PX2eq2jVtfX21KOUTFwgofxXWNU-e7ZD8aiz2bEb3Na9SPu3Kc3VzcjUMO_HlgSyMkuoKiTz3tZvDJszkQPQXmlO_oUkfA-25go044ssylfr9m71F5qM7Ek7LMv7vruF5-uPMw_1CRnoCYs0H8-rjrZwUKFVdO0nqZrWqCUjL2nPkETSLKy3osS9W48OSPVsUUtBtZ0g7eYjFT9U340C-A/https%3A//lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMzcsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjAzMDQuNTQzOTc1ODEiLCJ1cmwiOiJodHRwczovL3d3dy5mY3BzLmVkdS9yZXNvdXJjZXMvc3R1ZGVudC1zYWZldHktYW5kLXdlbGxuZXNzL3NjaG9vbC1wc3ljaG9sb2d5LXNlcnZpY2VzL21lbnRhbC1oZWFsdGgtcmVzb3VyY2VzLWFuZD91dG1fY29udGVudD0mdXRtX21lZGl1bT1lbWFpbCZ1dG1fbmFtZT0mdXRtX3NvdXJjZT1nb3ZkZWxpdmVyeSZ1dG1fdGVybT0ifQ.N22pKU7ShAXbF_KOPYU4GpMYQWGLR1V3qJPPvnytYOQ/s/568466388/br/127552151882-l)
* [FCPS Parent Resource Center](https://secure-web.cisco.com/1m6RNXxzNbsd5EzGWp2aDoAuH8zQL_ZRPIvenUHCEMoP0KtQh21KC-Ezd8-f1T6_mFVb5NxeN2aU9-2-gqF0j_cIFZ802OW9jaZt7bvGvA6ywP_ciLcL6-F2KN6eY9o2Ak3mLNkDORT_0Qa4JZpyaO2uBZsDx-BjfDmYJT8preC2q0pkTgIFJ8hzX2N6I37m0TfJWMhk8egzl3JjTsX52GvcvwfA7dn1hsKjwsWU5q2psEJIq7P9MWbjD94sUE2QhxRz_jJrPMlWO6X5H1cSZq6C9O7xQqcL1qk0qCquNf5itA8PvxfpN-VuGgBBnMVmmXg7v17KZQu6K3B_cLNLdJpcusDOvEZNk3g7ZTo7ZrHmGqQsdHf6WZochh38kKAG0QprNU3TKcnLgAlO0V_dIy79TLqRFyM_uY6b4ra5tzF05uH-f9owmwqfi-dmqc-nF54TXf99nz0no6xs3SWD0fQ/https%3A//lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMzgsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjAzMDQuNTQzOTc1ODEiLCJ1cmwiOiJodHRwczovL3d3dy5mY3BzLmVkdS9yZXNvdXJjZXMvZmFtaWx5LWVuZ2FnZW1lbnQvcGFyZW50LXJlc291cmNlLWNlbnRlci9yZWdpc3Rlci1mcmVlLXdvcmtzaG9wcy1wYXJlbnQtcmVzb3VyY2UtY2VudGVyP3V0bV9jb250ZW50PSZ1dG1fbWVkaXVtPWVtYWlsJnV0bV9uYW1lPSZ1dG1fc291cmNlPWdvdmRlbGl2ZXJ5JnV0bV90ZXJtPSJ9.DNhJTwWP-ww8JrHFzarFJ_93dNfvEIR_1OsFLQCtaA4/s/568466388/br/127552151882-l)
* [FCPS Cares](https://secure-web.cisco.com/1VKDVh7OqSgIb7YAUiKjWEjD-BiqV-HN6D3x3MmTFNmvrg-Zl-Rr_4Xz18Xdfa1uqoDPIWEpnmvIUABeuloWiquOyBqpReXDep66jD8E--stlI6sIrzj-kY-CHSwaPumIOXAIMqd1RFDLLNNNkcksl__ONzlBsNvw90vkvz1qZmpXWYGeD6SCxrWDNccNy0P9DccDf27Gn0sboMH5JWL8lp8fgzZjXCElY072ChukxoUhD69PrNNkfpPxKPSFpJoFiz-TIG9acpwraPQUI73DeRDGLpWlGDOEVx8eOv9LMIoiPjYXzDAhKoiTEbB1hATKYgRj-o0qmS9LIpMIcwLfZQX6Da-7N70hbgFaC2LxtF-osCwpNQWyHtod7i29Fu3E83bZLlBeZavH566duih-dAqLqpNciKKcIT2nMSGXf8UE2v7MnLMGk35FGqVcXQjk5zxk1wlENKCcg0TfRnrCMw/https%3A//lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxNDAsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMjAzMDQuNTQzOTc1ODEiLCJ1cmwiOiJodHRwczovL3d3dy5mY3BzLmVkdS9jYXJlZXJzL2VtcGxveWVlLXJlY29nbml0aW9uLXByb2dyYW1zL2ZjcHMtY2FyZXMtcHJvZ3JhbT91dG1fY29udGVudD0mdXRtX21lZGl1bT1lbWFpbCZ1dG1fbmFtZT0mdXRtX3NvdXJjZT1nb3ZkZWxpdmVyeSZ1dG1fdGVybT0ifQ.kuwPtRCKBJqZsOpvGu_eYQOiUBZeIrK3C2APxPCXsKE/s/568466388/br/127552151882-l)