

Middle School Grades 7-8 Parent Preview Notification Letter

Rachel Carson Middle School

March 8, 2022

Dear Parents/Guardians of Middle School Students:

Students in grades 7-8 participate in Family Life Education (FLE) instruction through their health and physical education course. Students receive instruction in a human growth and development unit and an emotional and social health unit. For more information about the FCPS Family Life Education program, please see the detailed grade-level program descriptions at <https://www.fcps.edu/academics/middle-school-academics-7-8/family-life-education-fle>.

In addition, grade level-specific curriculum lessons are available for review in multiple locations.

- Online in Schoology - includes lessons and media titles that FCPS has streaming rights for. Any additional media or book titles that are not streamed are available at your child's school library.
 - Parents/guardians login to Schoology using the same username and password as their Student Information System (SIS) Parent account.
- Your child's school. Please contact the school to schedule a time to review lessons and/or media.
- City of Fairfax Regional Library – lesson only. Media is not available.

You are invited to attend an evening opportunity to preview the Family Life Education media and lessons and to talk with school staff about the program. The meeting will be held on **March 23, 2022 at 6:30 pm** via a Zoom link. All program materials and media for all grade levels will be available for your review at this time.

Parents/guardians who do not wish to have their child participate in FLE instruction may choose to opt their child out of any or all of the lessons. If you would like to opt your child out of one or more lessons, please fill out the form provided to you in your child's orientation packet at the beginning of the school year or you may access the opt out forms online at <https://www.fcps.edu/academics/middle-school-academics-7-8/family-life-education-fle>. If you have already indicated your desire to opt your child out of FLE lessons by using the form provided earlier in the school year, you do not need to complete another form. Should you opt your child out and then later decide you want your child included in FLE instruction, you must notify your child's school principal or assistant principal in writing before instruction begins.

An alternative non-FLE health instructional program is provided for students who do not take part in FLE instruction, and every effort is made to foster understanding and respect for family choices and to avoid peer pressure for or against participation in the program.

Instruction occurs at various times during the school year. Please contact your child's teacher for specific dates of FLE instruction. We look forward to working as your partner in providing information that will help your child make healthy choices related to the exciting changes and new challenges he/she will be facing in the next few years.