The Northern Region winter track championships concluded Saturday at Chantilly, with the boys team taking 2nd for a second consecutive year (behind South Lakes), with 53 points. The girls team took 9th, with 24 points. The following athletes earned all-region honors, with top-3 finishers qualifying for states in two weeks:

- Maximus James- REGIONAL CHAMPION- 500m Dash (1:05.82); 2nd Place- 300m Dash (35.10)
- Mackenzie Nicholson- REGIONAL CHAMPION- Pole Vault (9' 0")
- Zach Rosen- 2nd Place- Pole Vault (11' 6")
- Timothy DePalma-3rd Place- 500m Dash (1:07.15)
- Kaitlyn Purvis- 3rd Place- 500m Dash (1:19.12)
- Kylie Dougherty- 4th Place- High Jump (4' 10")
- Sophia Byrd- 6th Place- 55m Hurdles (9.70)
- Keira Davenport- 6th Place- 55m Dash (7.85)
- James Gunn- 6th Place- Pole Vault (9' 6")
- Christian Hundley- 6th Place- 55m Hurdles (9.06)
- Boys 4x400m Relay- REGIONAL CHAMPIONS (3:26.87) (Charan Narra, Timothy DePalma, Orion Hairston, Maximus James)
- Boys 4x800m Relay-4th Place (8:19.82) (Orion Hairston, Tristan Thurneysen, Raymond Creeks, Brian Creeks)
- Girls 4x400m Relay- 5th Place (4;15.98) (Sophia Byrd, Keira Davenport, Kaitlyn Purvis, Ava Miller)