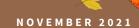


# COUNSELOR'S CORNER



Fort Belvoir Primary & Upper Schools





# Parent Tip

When you feel empathy for someone, compassion is a good way to show it. You can show you care by saying or doing something kind. Help your child notice when someone else could use some help or a kind word. Examples: Your father has a lot of dishes to do after dinner. Do you think he could use some help? Example: It sure looks like Mrs. Simmons could use some help picking up trash. Could you do that?





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## CHARACTER EDUCATION WORD OF THE MONTH

**Compassion** is how we care about others. I can show **compassion** by being considerate of others.

### CLASSROOM LESSONS

Students will be introduced to the concept of compassion through books with compassion themes.

#### **ASCA Standards Alignment:**

- Mindset: Sense of belonging in school environment
- Behavior: Social Skills: Create positive and supportive relationships with other students
- Behavior: Social Skills: Demonstrate compassion

### FAMILY ACTIVITY IDEA

Try going on a nature walk together as a family. You can search for wildlife or plants. You can collect colorful leaves and create leaf art. Learn about colors, textures and shapes.

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