

## Community Resources available to Kings Glen Families

### FOOD RESOURCES

#### **Abiding Presence Food Pantry**

Text 703-829-5112

<https://abidingpresence.net/food>

#### **Burke United Methodist Church BurkeGivesBack Co-op**

703-250-6100

<https://BurkeGivesBack.org>

#### **Fairfax Food Council**

703-246-2411

<https://www.fairfaxcounty.gov/food-council/>

#### **FCPS Grab and Go Meals**

703-813-4800

[www.fcps.edu/return-school/food](http://www.fcps.edu/return-school/food)

#### **Food for Others**

703-207-9173

[www.foodforothers.org](http://www.foodforothers.org)

#### **McLean Bible Church**

703-639-2000

<https://mcleanbible.org/tysons/local-outreach>

#### **St. Stephen's United Methodist Church**

##### **GRACE Ministries**

November 20 & December 18

703-978- 8724

<http://www.ststephensfairfax.org/grace-ministries/grace-ministries>

### CLOTHING RESOURCES

#### **Ecumenical Community Helping Others (ECHO)**

*Food, Clothing, Housewares*

703-569-9160

[www.echo-inc.org](http://www.echo-inc.org)

#### **Fairfax County Community Liaisons**

703-204-4317

<https://www.fcps.edu/resources/familyengagement/community-liaisons>

#### **Fairfax FISH**

*Tuesday, Thursday, 1<sup>st</sup> Saturday  
of each month*

703-222-0880

[www.fairfaxfish.org](http://www.fairfaxfish.org)

#### **McLean Bible Church**

703-639-2000

<https://mcleanbible.org/tysons/local-outreach-2/>

#### **The Salvation Army**

703-385-8700

<https://salvationarmynca.org/how-we-help/>

***Need help, have questions?***

***Call Kings Glen: 703-239-4000***

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Kings Glen Parent Liaison

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### MENTAL HEALTH RESOURCES

#### **Fairfax County Government**

703-324-7720

<https://www.fairfaxcounty.gov/familyservices/children-youth/assistance-from-a-distance>

#### **FCPS**

CrisisLink Regional Hotline

703-527-4077

<https://www.fcps.edu/resources/student-safety-and-wellness/school-psychology-services/mental-health-resources-and>

### PARENT EDUCATION

#### **FCPS Parent Resource Center**

703-204-3941

<https://www.fcps.edu/resources/family-engagement/parent-resource-center>

#### **Celebrate Calm**

<https://celebratecalm.com/>

*Includes free podcasts and  
free newsletter*

#### **Ways to Avoid Passing Anxiety on to Your Kids**

<https://childmind.org/article/how-to-avoid-passing-anxiety-on-to-your-kids/>