



**Fairfax County**  
PUBLIC SCHOOLS

ENGAGE • INSPIRE • THRIVE

**OAK VIEW &  
BONNIE BRAE ES  
ELEMENTARY  
FAMILY LIFE EDUCATION PARENT  
PREVIEW NIGHT**

# Family Life Education (FLE)

## K-12 Instructional Program

Adheres to state guidelines and recommendations

Includes two units of instruction at the Elementary level

- Emotional and Social Health (ESH) – Grades K-6
  - Modified lessons for students with low incidence disabilities are available
- Human Growth and Development (HGD) – Grades 4-6
  - Modified lessons for students with low incidence disabilities are available

Parents may opt their child out of any or all lessons in Emotional and Social Health and Human Growth and Development units of instruction.

# Parent Access to FLE Program Materials

## 1. Online in Schoology

### 2. Lessons and media

- Lessons used for students who are opted out of FLE instruction
- Parents/guardians will need their SIS account to access FCPS 24-7 (not their child's account)

### 3. School libraries

- Lessons, media, and print materials during regular school hours (please schedule with librarian)

### 4. Fairfax County Regional Library in the City of Fairfax

- Lessons available; site does not have media nor print materials

# How to Access the Information

Log into Schoology from the FCPS home page using the same username and password as the SIS account

Schoology

Within the All-Parent Page parents will see the FLE lessons available to view

- Click on the Family Life Education lessons to open the documents

FLE information Includes:

- FLE lessons, media, and lessons used for students who are opted out

# BBES Parent Schoology Course

BBES  
Parents



PARENTS ONLY



## Parent Preview - FLE Instruction

Lessons posted are for the 2021-2022 school year. Opt out forms are provided to parents at the beginning of the school year in orientation packets and available online at <http://www.fcps.edu/is/hpe/fle.shtml>. Media titles that FCPS has permission to stream online are provided. All other media titles listed in lessons are available at your child's school. Media may be viewed at your child's school in the school library during school hours or at your school's parent preview night (please contact your school for more information).

For students who are opted out of FLE instruction, opt out lessons are provided for K-10. These lessons are based on the VDOE standards of learning for health education at each grade level.

# Opt-Out Request Forms

From the FCPS home page click on Academics



Scroll down and click on Elementary School Academics (K-6) icon



Elementary School Academics (K-6)

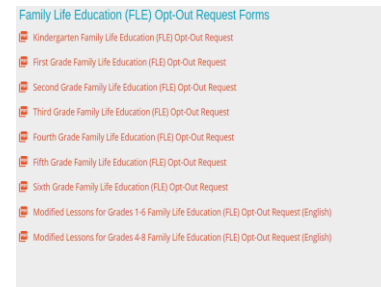
Click on Family Life Education (FLE) icon



Family Life Education (FLE)

The Family Life Education program follows state guidelines for grades K-6.

Scroll down the page and click on Family Life Education Opt-Out Request Forms



# Review of Materials & Questions

## Contact Information:

- Child's Health and Physical Education Teacher
- School administration
- Central Office staff

Becky Howery HPE/FLE Elementary Specialist  
[bahowery@fcps.edu](mailto:bahowery@fcps.edu) 571-423-4556

Carrie Reynolds, K-12 Coordinator for FLE/HPE -  
[cfreynolds@fcps.edu](mailto:cfreynolds@fcps.edu) or 571-423-4553





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