**Updates from John Lewis High School’s Student Services Department**

Week of October 18, 2021

**Calendar Dates:**

**October 18 & 20** - SOS (Signs of Suicide) Program for 9th grade students

**October 18-21** - FCPS Virtual College Week

**October 25 & 26** - Freshman Conferences

**October 28** - Freshman, Sophomore & New Student Parent Night (6:00pm)

**October 29 -** End of Quarter 1

**November 1 and November 2 -** Teacher Work Days (Student Holidays)

**Announcements & Information**

**S.O.S - October 18 and 20, 2021**

As all students have gone through a lot over the last 18 months, Lewis HS staff want to ensure that each student is doing well and knows the resources available to them. Advisory teachers will present a brief lesson on mental health awareness, and what supports are available to students. Students will take a brief assessment and turn the assessment in. Student Services counselors and clinicians will follow up with students as needed. We will begin with 9th graders in October and move to 11th grade students in December. As always, if there is anything we can do to help your child, please reach out to a trusted adult at school (counselor, teacher, administrator, coach, etc.) and we will partner with you to help our students.

**Alcanza College Fair - October 22, 2021**

Lewis HS seniors are invited to George Mason University’s Alcanza College Fair on October 22, 2021. At the fair, students will have the opportunity to talk to many 4 year college representatives and listen to a college panel and guest speaker. There will be over 150 institutions from across the nation participating. Students who are interested in this field trip must fill out a permission form. See Mrs. Meiser in Student Services or Mrs. Shaw in the Career Center for more details and for a permission slip.

**Freshman, Sophomore and New Student Parent Night - October 28, 2021**

Previously scheduled for 9/22, our parent night will happen on **October 28 at 6:00pm** in the Auditorium. Join the Student Services Team for a welcome to school, an overview of this school year, a preliminary discussion on graduation requirements and post-secondary planning.

**Student Schedule Changes**

Students who would like to request a schedule change, and who have exhausted all options to be successful in the course, should see their school counselor for the schedule change request form. Students, teachers, parents and counselors will all contribute to the form so the committee can review requests and make informed decisions.

**Junior Conferences with Counselors (November 5th & 9th)**

The junior class will be meeting with the counselors in groups to talk about how to navigate their junior year in order to prepare to be seniors. counselors will also discuss post secondary opportunities including preparing to apply to 4 year colleges and universities.

**College & Career Center**

**College Visits over the Next Two Weeks: Students must sign up in Naviance Student for these visits.**

**Monday, October 18**

**2:15 University of Virginia (session is full)**

**Tuesday, October 19**

**9:15 Paul Smith College of Arts & Science (New York)**

**10:30 South Dakota School of Mines & Technology**

**• A STEM college with 10 engineering degrees and 10 science degrees**

**• 97% placement rate**

**• The average total cost for out of state students is $27,000 per year**

**• Plenty of merit-based scholarships available**

**• Ranked #1 Engineering School in the Country for best return on investment**

**Wednesday, October 20**

**9:15 Virginia State University (Historically Black Colleges & Universities HBCU)**

**10:30 Rhodes College (Tennessee)**

**Thursday, October 21**

**9:15 Binghamton University (In New York)**

**10:30 University of Pittsburgh-Johnstown Campus**

**11:52 California University of Pennsylvania (In Pennsylvania)**

**Tuesday, October 26**

**2:15 William & Mary**

**Wednesday, October 27**

**9:15 University of South Carolina**

**10:30 Christopher Newport University**

**Thursday, October 28**

**9:15 Randolph College**

**10:30 Elizabethtown College (Virtual)**

**Virtual College Week**

FCPS Virtual College Week will take place Monday, October 18 - Thursday, October 21, 2021. FCPS families are invited to attend virtual sessions on a variety of topics, including how to pay for college, dual enrollment, AP/IB, how to apply to a military academy, and college essay writing. [Registration](https://docs.google.com/forms/d/e/1FAIpQLScb7Y3Ji8uimrvNQUbroivBZAudpG6nvzCDRxyIViNm851zqw/viewform) (<https://docs.google.com/forms/d/e/1FAIpQLScb7Y3Ji8uimrvNQUbroivBZAudpG6nvzCDRxyIViNm851zqw/viewform>) is now open, and students and families can sign-up for as many sessions as they wish. Don’t forget to check out the [FCPS Virtual College Week](https://www.fcps.edu/resources/college-and-career-planning/college-fair-and-college-night) (<https://www.fcps.edu/resources/college-and-career-planning/college-fair-and-college-night>) webpage for updates and to learn about various college fairs available to students.

**NOVA’s Dreamers Website Now Available**

Northern Virginia Community College is excited about their new dreamers website, which supports undocumented, DACA, and TPS holders. This website was created to provide accurate and timely information to assist dreamers as they navigate the admissions process. As well, this site also contains valuable information about services and supports that promote the success of immigrant students. <https://www.nvcc.edu/dreamers/?utm_content=&utm_medium=email&utm_name=&utm_source=govdelivery&utm_term=>

**Resources for Students & Families**

**Catch My Breath Program Information.** This is a website to help parents with nicotine/vaping prevention at home. If you can delay experimenting with using nicotine products before age 25, they will be less likely to use at all. <https://letsgo.catch.org/pages/CMB-Parent-Resources>