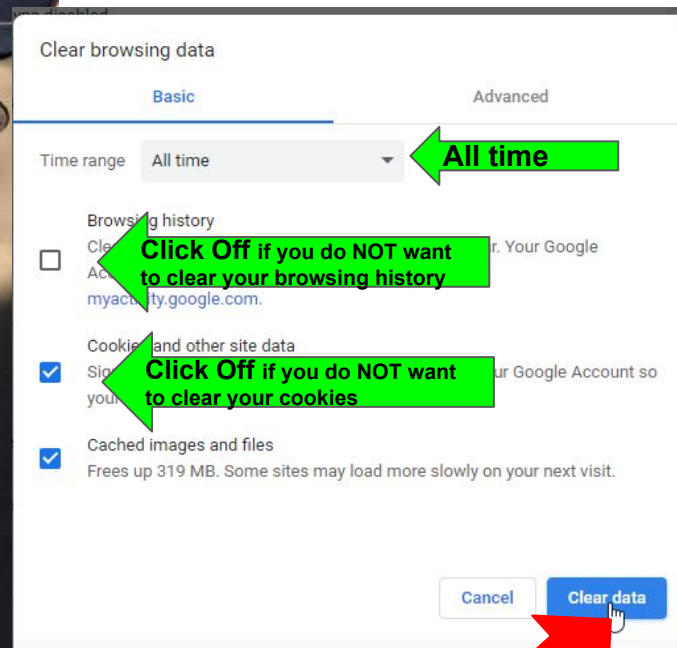
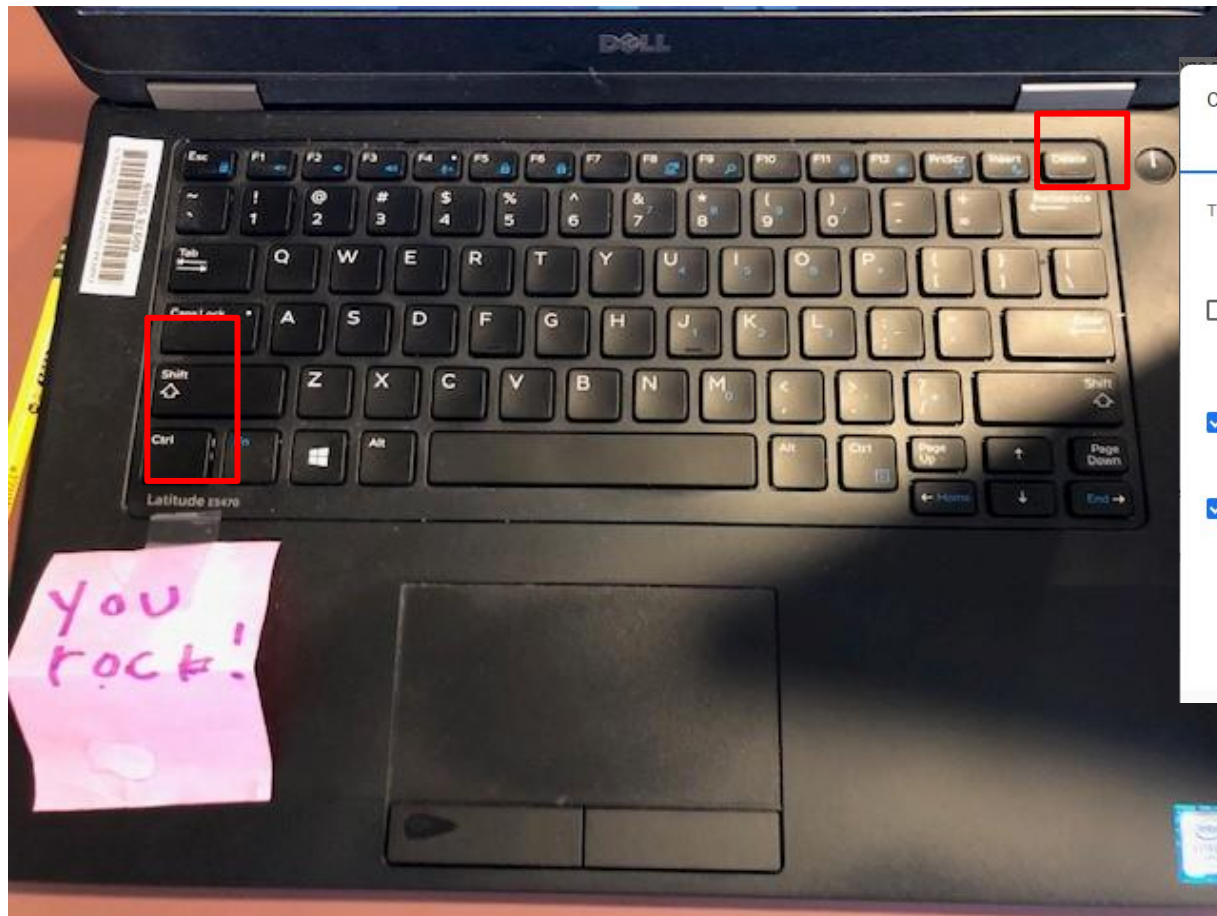


1. Click **Ctrl**, **Shift** and **Delete** keys all at once.

2. Follow these steps.



All time

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3. Restart your computer.

Restart your laptop at least **once a week** to make sure all updates are installed.

