



Club Name	Description	Time club meets	Shared Club or Frost Only Sponsor	Join Code	Club Google Classroom - link to join
Monday Clubs					
Bingo	Come play some Bingo for weekly prizes!	3:30 - 4:30	Shared Ms. Tubbs (LBSS) Mr. Clark (LBSS)	3hulnet	https://classroom.google.com/c/MTc1ODQONzUxODA1?cjc=3hulnet
Coding	TJ students will teach JAVA in the Fall & Python in the Spring	3:30 - 4:30	Shared TJ Students Ms. Marshall (Irving)	yvvvu7e	https://classroom.google.com/c/MTQ2MTIyMDI4OTA0?cjc=yvvvu7e
Frost Drama Club	Come learn about the world of improvisational theatre where you get to think quick on your feet! This club is for both beginning improvisers and for experienced improv students who want to have fun and build new skills. The club will help you to pull new ideas from thin air and teach you the power of being in the moment and responding quick on your feet! If you want to just come and watch that is awesome too, we always need audience members! Hope to see you there.	3:30 - 4:30	Frost students only Ms. Jalajel (Frost) Ms. Gregory (Frost)	gc63eki	https://classroom.google.com/c/MTQ1ODMzNDg4NDk5?cjc=gc63eki

Dungeons & Dragons	Meet up with your friends and play Dungeons & Dragons - who will be the Dungeon Master?	3:30 - 4:30	Frost students only Mr. Beekman (Frost)	bxqxix6	https://classroom.google.com/c/MTg0MjM2NDA1Nzha?cjc=bxqxix6
Movie Club	Enjoy movies with your friends. We will watch popular movies and discuss them. Movie Club will meet once a month, on the following dates: 1st Sem - 10/19, 11/16, 12/14 1/11 2nd Sem - 2/8, 3/15, 4/12, 5/10	2:30 - 4:30	Shared Ms. Little (Frost)	54htpee	https://classroom.google.com/c/MTQ2MjUwOTk2NDIz?cjc=54htpee
Mr. Agosta's Trivia Club	Do you have an affinity for useless, weird or interesting knowledge? Do you know a lot about music, movies, sports and other pop culture categories? If you answered YES to any of these questions, then TRIVIA club may be right up your alley! Come compete against your friends and put yourself in the running to earn a prize! We will meet every Monday afternoon from 330-430.	3:30 - 4:30	Frost students only Mr. Agosta (Frost) Ms. Peterson (Frost)	jqwojmu	https://classroom.google.com/c/MTQ2MDgyODM1NDY3?cjc=jqwojmu
Pride Club	Pride club will provide a safe environment for students to build community, self-confidence, and resiliency while further developing social/emotional wellness. This will be a support group for students that identify as LGBTQ and/or students that wish to be a part of this community of support.	3:30 - 4:30	Frost students only Student led (Frost) Ms. Reed (Frost)	4balst2	https://classroom.google.com/c/MTQ1NTEwMDg0MzQ0?cjc=4balst2

Tuesday Clubs

Bullet Journaling Club	What if I told you that there was an organizational system that helps you keep track of absolutely everything in your life while still being flexible and creative? Well there is! It's call a Bullet Journal. Join us every Tuesday, socialize with friends while working on your Bullet Journal!	3:30 - 4:30	Frost students only Ms. Champagne (Frost)	mpw7uon	https://classroom.google.com/c/MTQ2MjYzNzI0OTQ2?cjc=mpw7uon
Dance Team	START DATE TBD - 2nd Quarter	3:30 - 4:30	Frost students only Ms. Schnebel (Frost)		
Carpe Diner: French & Latin Cooking	<i>Carpe Diner: Cooking with the French & Romans</i> . Join Chef Jones (Frost FACS teacher) and Magistra Miller (Lake Braddock teacher of Latin and sometimes French) to explore the cultures of Modern Day France and Ancient Rome. What better way to get to know a culture than through it's food?! In this virtual cooking club, expect authentic recipes, step-by-step instructions and help, and fascinating cultural topics. For instance, did you know that wealthy Romans ate peacocks at extravagant feasts? Not on our watch! But we will get to make things like crepes, real chocolat chaud, and ancient Roman dormice (well, our variation on it).	2nd & 4th Tuesday 3:30 - 4:30	Shared Ms. Jones (Frost) Ms. Miller (LBSS)	tgbymrng	https://classroom.google.com/c/MTQ1MTE1MTA0NzQ1?cjc=tgbymrng

The Whisk Takers - Cooking Club	Do you want to learn your way around the kitchen? Join Ms. Wilson and Ms. Jones on the 1st & 3rd Tuesday of each month to "take some whisks!" Each session we'll learn how to create new snacks, meals, and treats.	3:30 - 4:30	Shared Ms. Wilson (Irving) Ms. Jones (South County)	wu7g62j	https://classroom.google.com/c/MTc2Mjk0NzkwMTEy?cjc=wu7g62j
Fitness & Yoga	Fitness club will include all different workouts such as boxing, yoga, cardio, HITT, and circuits. If those activities sound fun we would love for you to come workout with us in fitness club on Tuesdays!	4:30 - 5:30	Shared Ms. Newton (Robinson) Mr. Anderson (Robinson)	wtqdwkt	https://classroom.google.com/c/MTQ1NzQxOTA4OTcy?cjc=wtqdwkt
Poetry Club	"If you're intrigued by what you just read, if you know which of those poems wasn't a haiku, try Poetry Club. We'll eventually have games, slams, prizes, guest poets, Hamilton tributes, and fifty yet-to-be-discovered things."	3:00 - 4:00	Shared Mr. Verbicar (Frost) Ms. Gregory (Frost)	gpuaz2e	https://classroom.google.com/c/MTQ2MTM3ODgzNzY2?cjc=gpuaz2e
Theatre Sports	Interested in Theatre? We will play theatre activities, perform, design and practice for Theatre Sports Competitions!	3:30 - 4:30	Shared Mr. King (Irving) Mr. McCormick (S.County) Ms. Mitchell (LBSS)	towmpz3	https://classroom.google.com/c/MTQ2MTIyODM1NDI3?cjc=towmpz3
Trivia	Come test your knowledge on a variety of topics for weekly prizes!	3:30 - 4:30	Shared Ms. Tubbs (LBSS) Mr. Clark (LBSS)	objc34n	https://classroom.google.com/c/MTQ2MDU4MDU1OTE2?cjc=objc34n

Wednesday Clubs

Apple Club	The Apple Club is a Technology club that talks about Apple News, Products, Software, Hardware, and more! We don't only talk about Apple here, we talk about technology outside of Apple too. You don't have to be a geek to join, we will be sharing our opinions with each other.	3:30 - 4:30	Shared student led (Frost) Ms. Gregory (Frost)	ht4yx4g	https://classroom.google.com/c/MTQ2MDY2NTYwNDE4?cjc=ht4yx4g
Frost Minds Matter	Frost Minds Matter is a student-led club that empowers school communities to change their culture around mental health.	3:30 - 4:30	Frost students only Dr. Zabel (Frost) Mr. Lantis (Frost)	x5svbfq	https://classroom.google.com/c/MTUxNTg2NDA3NjEy?cjc=x5svbfq
Literary Magazine & Newspaper Club	Welcome to Frost Roadways and Revelations! This is Frost's very own Newspaper and Literature Magazine. If you enjoy writing creatively, learning about current events in our school community and the world, and meeting new friends-this is the place for you! You will be able to experience having your writing published and shared with the Frost community.	3:30 - 4:30	Frost students only Ms. Champagne (Frost) Ms. Sharma (Frost)	7c5ko6s	https://meet.google.com/lookup/bpqwpsk5o7?authuser=1&hs=179
Origami Club	The Origami Club is a club dedicated to the craft of origami. Students will learn and teach others how to fold origami and share this unique form of art. Students will discover a new or already enjoyed leisure activity that can also improve spatial learning.	3:30 - 4:30	Frost students only Ms. Lee (Frost)	m433uvh	https://classroom.google.com/c/MTQ1NjgwOTE0Mzg2?cjc=m433uvh

Trivia	Come test your knowledge on a variety of topics for weekly prizes!	3:30 - 4:30	Shared Ms. Tubbs (LBSS) Mr. Clark (LBSS)	objc34n	https://classroom.google.com/c/MTQ2MDU4MDU1OTE2?cjc=objc34n
Thursday Clubs					
Book Club	Virtual Book Club will play book-related games, chat all things books, and periodically read books together!	3:30 - 4:30	Shared Ms. Howard (S. County) Ms. Wickham (S. County) Ms. Conwell (Robinson)	s5e4bau	https://classroom.google.com/c/MTQ1MjExODc1NjIx?cjc=s5e4bau
Full Body Workout	Come join us on Thursdays for a full body workout! We will explore a vareity of cardio, HIIT, and strength-based exercises. Stretching and yoga will also be incorporated into these workouts. Let's get your body moving after a long day in front of the computer screen!	4:30 - 5:30	Shared Mr. Hines (LBSS) Ms. Geary (Irving) Mr. Woodby (S. County) Mr. McLeod (S. County)	lzk7eq3	https://classroom.google.com/c/MTQ1ODg5MDgyNTU3?cjc=lzk7eq3
Let's Bake	Do you like to Bake? If you do, then this is the club for you. Each week we will make a different dessert, from cookies, to cake, pie, muffins and more. The recipe will be posted each Saturday or the following weeks tasty dessert, which will give you several days to get your ingredients.	3:30 - 4:30	Shared Ms. Metzker (Frost) Ms. Gregory (Frost)	a7eb46q	https://classroom.google.com/c/MTQ0ODc1MjA0OTE2?cjc=a7eb46q
Sports Trivia	If you want to test your knowledge of sports and participate in kahoots, come join us every Thursday for challenging trivia questions!	3:30 - 4:30	Shared Mr. Newton (Robinson) Mr. Anderson (Robinson)	objc34n	https://classroom.google.com/c/MTQ2MDU4MDU1OTE2?cjc=objc34n

Walk & Talk	Tired of sitting in front of the computer all day? Join us for Walk & Talk! Sign in, connect your headphones and voice chat with us while we move around and talk about different topics. We may even have special guests join us from time to time!	3:30 - 4:30	Shared Ms. Nelson (Irving) Ms. Malloy (Robinson)	vwhi7h	https://classroom.google.com/c/MTQ2MDU2NTMzOTY1?cjc=vwhi7hj
Friday Clubs					
Teen Chefs Cooking Club	Every Friday, You get to cook dinner for your family! We will make a variety of dishes for dinner, breakfast and sides. The recipe will be posted each Saturday for the following weeks menu, which will give you several days to get your ingredients.	3:30 - 4:30	Shared Ms. Metzker (Frost) Ms. Gregory (Frost)	a7eb46q	https://classroom.google.com/c/MTQ0ODc1MjA0OTE0?cjc=a7eb46q
Science Olympiad	Science Olympiad offers students the opportunity to improve their understanding in science, technology, engineering and mathematics (STEM) and to work together in teams to learn new skills.	3:30 - 4:30	Frost students only Frost Parents Ms. Metzker (Frost)	Students who make the SO team will get further instructions for the Google Classroom join code	Students interested in joining Science Olympiad will need to complete this form https://forms.gle/kPi8PtgmTUqp87KVA Once you have completed the form, you will get information about the interest meeting on September 30th.