



Poplar Tree Elementary School Counseling Program

Amazing Things Happen Everywhere!

POPLAR TREE PARENT RESOURCE LIST MAY 2020

Poplar Tree School Counselors

Beth Mertens	Shari Hirsch
Grades K, 4, 5, & 6	Grades 1, 2 & 3
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New!

[Coronavirus: A Book for Children](#) by E. Jenner, K. Wilson and N. Roberts

Resources to Help You Talk to Your Children

[Supporting Children Who are Worried about the Coronavirus](#)

[Talking to Children About COVID-19](#)

[Talking to children about COVID-19: A Parent Resource](#) (Available in English, Spanish, Chinese, Korean, French, Vietnamese, & Amharic)

Updated FCPS Resources

[FCPS Mental Health Consultations](#)

[FCPS Parent Resource Center Emotional and Wellness Resources for Families](#)

[Daily Coronavirus Updates](#)

Food Resources:

- Breakfast and Lunch are available from 10:00-1:00 at **Brookfield ES** and other specified locations

Resources for Mental Health Services and Support

- [Fairfax County Parenting Support Line](#) : 703-324-7720
- [Northwest Center for Community Mental Health](#): 703-481-4100
- [Crisis Link Regional Hotline](#): 703-527-4077
- [Merrifield Center Emergency Services](#): 703-573-5679
- [Chantilly Pyramid Counselor Resources](#)

Resources for Basic Needs

- [Western Fairfax Christian Ministries](#) <https://wfcmva.org/>
- [Cornerstones](#) <https://www.cornerstonesva.org/>
- [Brightpaths](#) (food assistance by referral only) <https://britepaths.org/referrals>
- [Food for Others](#): (Weekly Food Distribution at Specified Locations)
<https://www.foodforothers.org/neighborhood-sites>
- [Fairfax County Community Neighborhood and Community Services](#):
<https://www.fairfaxcounty.gov/neighborhood-community-services/basic-needs-assistance>