



Poplar Tree Elementary School Counseling Program

Amazing Things Happen Everywhere!

POPLAR TREE PARENT RESOURCE LIST MAY 2020

Poplar Tree School Counselors

Beth Mertens
Grades K, 4, 5, & 6

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New!

[Coronavirus: A Book for Children](#) by E. Jenner, K. Wilson and N. Roberts

Resources to Help You Talk to Your Children

[Supporting Children Who are Worried about the Coronavirus](#)

[Talking to Children About COVID-19](#)

[Talking to children about COVID-19: A Parent Resource](#) (Available in English, Spanish, Chinese, Korean, French, Vietnamese, & Amharic)

Updated FCPS Resources

[FCPS Mental Health Consultations](#)

[FCPS Parent Resource Center Emotional and Wellness Resources for Families](#)

[Daily Coronavirus Updates](#)

[Food Resources:](#)

- Breakfast and Lunch are available from **10:00-1:00** at **Brookfield ES** and other specified locations

Resources for Mental Health Services and Support

- [Fairfax County Parenting Support Line](#): 703-324-7720
- Northwest Center for Community Mental Health: 703-481-4100
- Crisis Link Regional Hotline: 703-527-4077
- Merrifield Center Emergency Services: 703-573-5679
- [Chantilly Pyramid Counselor Resources](#)

Resources for Basic Needs

- Western Fairfax Christian Ministries <https://wfcmba.org/>
- Cornerstones <https://www.cornerstonesva.org/>
- Brightpaths (food assistance by referral only) <https://britepaths.org/referrals>
- Food for Others: (Weekly Food Distribution at Specified Locations)
<https://www.foodforothers.org/neighborhood-sites>
- Fairfax County Community Neighborhood and Community Services:
<https://www.fairfaxcounty.gov/neighborhood-community-services/basic-needs-assistance>