

We are here to support YOU

We know this is a challenging time for all of us and we want you to know YOU ARE NOT ALONE. That is why we created a new support system to help you with any of your parenting needs. We are in this together!



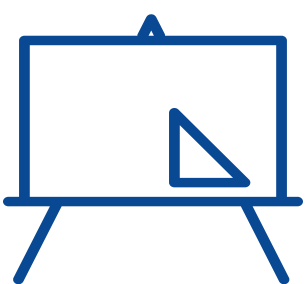
Where a TTY number is not indicated, use 711/Virginia Relay. Reasonable accommodations made upon request



We can help answer your parenting questions



Frequently Asked Questions



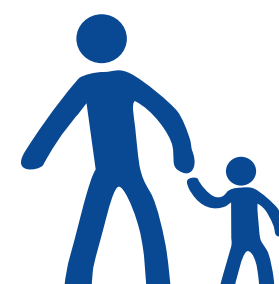
CLASSES

"How do I sign up for a free parenting class near me?"



PRAISE

"Can I spoil my baby?"



DISCIPLINE

"What is the best way to discipline my child?"



MILESTONES

"Shouldn't my son know how to do this already?"

Are you parenting a child 0-18 years old?

The Department of Family Services is responding to your needs. We have created a support line just for you to answer any parenting questions you may have. Talk to a live person ready to help you now!

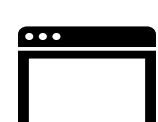
Our phone line support team is available Monday through Friday from 8 a.m.-4:30 p.m. to help answer your questions.

Call us on our NEW
Parent Support line
703-324-7720



FAIRFAX COUNTY DEPARTMENT OF
FAMILY SERVICES

Building Stronger
Families



[FairfaxCounty.gov/family services](https://FairfaxCounty.gov/family-services)



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