

# We are here to support YOU

We know this is a challenging time for all of us and we want you to know YOU ARE NOT ALONE. That is why we created a new support system to help you with any of your parenting needs. We are in this together!



We can help answer your parenting questions

 Where a TTY number is not indicated, use 711/Virginia Relay. Reasonable accommodations made upon request

## Frequently Asked Questions



### CLASSES

"How do I sign up for a free parenting class near me?"



### PRAISE

"Can I spoil my baby?"



### DISCIPLINE

"What is the best way to discipline my child?"



### MILESTONES

"Shouldn't my son know how to do this already?"

## Are you parenting a child 0-18 years old?

The Department of Family Services is responding to your needs. We have created a support line just for you to answer any parenting questions you may have. Talk to a live person ready to help you now!

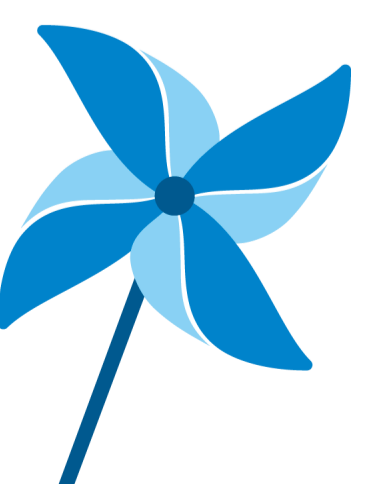
Our phone line support team is available Monday through Friday from 8 a.m.-4:30 p.m. to help answer your questions.

Call us on our NEW  
Parent Support line  
**703-324-7720**



FAIRFAX COUNTY DEPARTMENT OF  
**FAMILY SERVICES**

Building Stronger  
Families



[FairfaxCounty.gov/family\\_services](https://FairfaxCounty.gov/family_services)



[buildingstrongerfamilies@fairfaxcounty.gov](mailto:buildingstrongerfamilies@fairfaxcounty.gov)