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GuidanceResources Online is ComPsych's comprehensive interactive service that provides individuals with instant guidance, information and helpful tools to address life issues, concerns and needs. GuidanceResources Online seamlessly integrate with ComPsych's off-line services to create a custom-tailored solution that offers:

- Thousands of expert-reviewed articles, news and videos
- Tools, surveys and self-assessment questionnaires
- Easy navigation and search by topic, life event and keyword
- Confidential, one-on-one expert assistance and feedback
- Personalized, scenario-based content recommendations
- Interactive chats and message boards
- Directories of child-care, elder-care, legal and financial professionals
- Integration with intranet and HR portals

Expert content, personalization and security create a one-of-a-kind user experience. By consistently focusing on individual's needs, GuidanceResources Online is a trusted resource that individuals can rely on for every aspect of their lives.