

# SALAD BAR



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On **Wednesday, January 29th**, there will be a special lunch event on the Salad Bar:

## Parfait Day



### Make a Yogurt and Granola Parfait for lunch!

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For one day, Timber Lane's Salad Bar will turn into a **Parfait Bar** where students can build their own yogurt and fruit parfaits as an entrée. A Parfait includes:

- Fat-free vanilla yogurt
- Whole grain granola
- Cinnamon-spiced apples and other fresh fruit

**Please see the back of this page for more details.**

# Parfait Day!

Timber Lane Elementary School Cafeteria –  
Wednesday, January 29, 2020

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## Parfait Day Menu

- There is a special menu on Parfait Day that is different from what is listed on the normal lunch menu.
- Students will be able to **choose one** of the following options for lunch:
  - Yogurt and Granola Parfait
  - Baked Cheese Sticks w/ Marinara**\*Both options come with choice of fruits/vegetables and choice of milk.**
- **Students will choose either a Parfait or Baked Cheese Sticks as their meal.**
  - The Double Deal option is available for students. If a student chooses, they can have a Parfait and the Baked Cheese Sticks as a Double Deal.

## Fruits and Vegetables on Parfait Day

- The Salad Bar will still have two choices of fruits and two choices of vegetables for all students to select from for their school lunch on Parfait Day, regardless of which meal option they choose.



Choice #1

Yogurt and Granola Parfait



OR

Choice #2

Baked Cheese Stick with  
Marinara Sauce

**Everyone will still get their fruits and vegetables from the Salad Bar.**