



## NATIONAL VETERANS AND MILITARY FAMILIES MONTH

Each November, the military community observes National Veterans and Military Families Month. We celebrate military families' contributions and convey our respect and appreciation for the sacrifices they make to support their service members. As we approach the season of gratitude, consider ways you can support the spouses, partners, siblings, parents, children and others who stand strong behind our service members and veterans.

### Ways You Can Help Celebrate

#### Encourage military families to get the kit

The Department of Defense and Military OneSource are recognizing military families and transitioning veterans with free Military Family Appreciation Kits. Kits are available to the military service members and their immediate family members as well as to veterans within 365 days of their post separation date.



#### Point military families toward a helpful hub

At MilitaryOneSource, we're celebrating military families – spouses, partners, parents, co-parents, children, extended family members and even friends. We'll recognize the important role each person plays and offer resources to help every family member thrive, all month long.

<https://militaryonesource.mil/military-family-appreciation>

#### Pass along relevant resources

Throughout November, we'll highlight resources and services for military families on Military OneSource and Spouse Education and Career Opportunities social channels. Follow along and share posts you think will be helpful to families in your community.

This month and all year long, Military OneSource consultants are available 24/7 to connect service members and their spouses to info, answers and support – everything from confidential counseling to specialty consultations on child care, relationships, spouse employment, relocation and more. See all the ways we can help military families at

<https://militaryonesource.mil/military-family-appreciation>.

