



**Hunger is closer than you think.
1 in 4 children in Fairfax and Loudoun Counties struggle with hunger.**

With your generous support, we can expand our program to help all children.

What We Do

Food for Neighbors is a non-profit organization partnering with your school to help feed students who struggle with hunger after school, on weekends, and during school holidays. We provide local middle and high schools with individual meals and snack items to distribute during these times when students might otherwise go hungry.

Get Involved

All people of all ages are encouraged to volunteer! Businesses, families, and students can lend a helping hand. There are many simple ways to get involved.

- *Fill a Red Bag of food every two months (greatest need!)*
- *Volunteer to sort the food*
- *Drive to pick up Red Bags*
- *Organize a food drive*
- *Contact your company about sponsorship or monetary gift matching*

These are all great ways for students to earn service hours and for individuals to give back to the community.

Contact us and learn more by going to www.foodforneighbors.org.

Volunteers Needed

We currently need more Drivers in your area to help pick up the Red Bags once every 2 months. If you can help with this 2 hour commitment on a Saturday morning every other month then please sign up here and select

“Driving”: <https://www.foodforneighbors.org/get-involved/volunteer/>

We also need help on the same morning Sorting the food that is collected. If

you would like to volunteer to help with that, then please sign up here: <https://www.foodforneighbors.org/get-involved/volunteer/>

If you want to eliminate hunger, everybody has to be involved.

- Bono

Thanks for helping us provide food to students who need that extra support!