

BROUGHT TO YOU BY:  
VDOE'S OFFICE OF BEHAVIORAL HEALTH AND WELLNESS

# 2,4,6,8 THIS IS HOW WE REGULATE!

## PROFESSIONAL LEARNING COMMUNITY

*for School-Based Mental Health Professionals*

This is not a "one and done" training!  
PLC participants will participate in a book study with  
short monthly reading assignments and virtual  
engagement opportunities.

## KICK-OFF MEETING

May 20, 2024 from 1-4 p.m.

Old Dominion University  
Norfolk, VA

**REGISTRATION FORM**

