

# PROFESSIONAL LEARNING COMMUNITY

for Virginia Elementary School-  
Based Mental Health Professionals

Brought to you by the  
Virginia Department of Education's  
Office of Behavioral Health & Wellness



## KICK-OFF MEETING

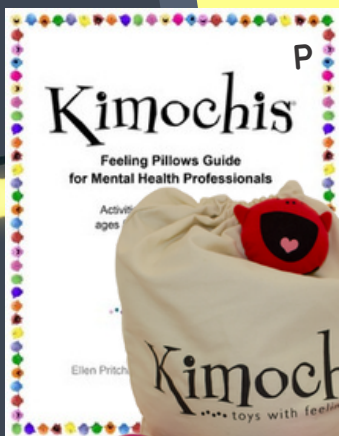
TWO OPPORTUNITIES TO JOIN!  
March 15, 8:30-11:30 a.m. in Chesterfield  
or May 20, 9 a.m. to noon in Norfolk

FREE for VA School Based Mental Health Professionals  
**MATERIALS PROVIDED**

Mixed Bag of Feelings &  
Feeling Pillows Guide for Mental Health Professionals

Kimochis Mixed Bag of Feelings offers school-based mental health providers a versatile tool that can be used in individual counseling, group counseling, and in classrooms.

Please Note: This is not a "one and done" training! Our PLC will stay connected virtually through discussion boards, a training portal, and virtual PLC Community Chats! Limited seats available- get your spot today!



Learn more and register using the  
**PLC REGISTRATION FORM**

