



substance use, and even suicidal thoughts and

behaviors.





Increase Understanding Do you have a school-wide approach

for identifying if, when and how the behavior of others is bullying?

Examples:

- Definition Poster
- Cyberbullying Training Module for Staff

Empower Students
Do students know how to respond when someone is displaying bulling behaviors.

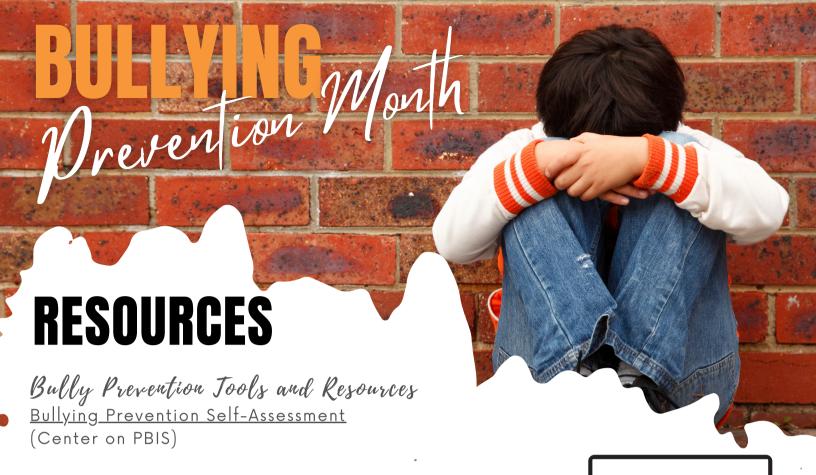
Examples:

- Be an Upstander Video (Elementary),
- <u>Bystander Effect Video</u> (Secondary)

Create a System
Do you have formalized strategies students can use to get help from adults when aggression, intimidation or harassment continues.

Example: Using Google Voice for Student Reporting of Bullying and Cyberbullying Incidents





Bullying and Harassment Prevention Manuals

- Middle & High School
- <u>Elementary</u>

National Bullying Prevention Center

Bullying Prevention Lessons or Activities for School Counselors

<u>American School Counselor Association: Bullying Prevention Resources</u>

Effects of Cyberbullying: How School Counselors Combat Bullying Today

Cyberbullying Information and Resources for Families

School-Wide Community Building Resources

National Bully Prevention Month Student Activity Kits

<u>Article: Anti-bullying post it notes take over halls at High School</u>

<u>Dude Be Nice Resources</u>

Start with Hello

Celebrate Unity Day (10/20).



VDOE's Bullying

Prevention Webpage