

55+ FITNESS DROP-IN CLASS PRICE INCREASE

Punch Pass Classes

Full Fitness Exercise

Tuesdays & Thursdays 10-11 a.m.
Lubber Run Drop-in

Strength Training

Wednesdays & Fridays 9-9:55 a.m.
Lubber Run Drop-in

Total Body Fitness

Mondays 10-11 a.m.
Lubber Run Drop-in
Fridays 10:15-11:15 a.m.
Lubber Run Drop-in

New Prices Go Into Effect on July 1, 2025

On July 1, 2025, prices will increase to \$5 per class, or \$75 for a 15-session digital punch pass.

We will also be phasing out paper punch passes beginning in July and moving to digital punch passes to streamline the sign-in process.

Digital punch passes can be purchased from the front desk at Lubber Run Community Center starting on July 1.

QUESTIONS?

Contact Sidney Reid at sreid@arlingtonva.us or 703-228-4756.

LUBBER RUN 55+ CENTER

300 N Park Drive, Arlington 22203

Monday-Friday, 9am-3pm | evenings and weekends as scheduled

703-228-4747 | 55plus@arlingtonva.us | arlingtonva.us/55Plus



Access for All Everyone, Everywhere, Every Day. We can provide reasonable modifications for people with disabilities upon request. Podemos proveer modificaciones razonables conforme la Ley de Personas con Incapacidades (ADA) con previo aviso al 703-228-4747. TTY 711.