



May is

Mental HEALTH

**AWARENESS
MONTH**

Let's come together to support each other and recognize that mental health is just as important as physical health. Let's make Arlington a place where everyone feels supported and understood.

CONNECT. SUPPORT. THRIVE.

**Join us to learn about our
resources and services**



May 4- Macedonia Baptist Church
11:00am-1:00pm 3412 22nd St S, Arlington, VA 22204



May 7- BUGATA Info Session
6:30pm-8:00pm | *Lubber Run Community Center*



May 10- Festival de Familia
11:00am-1:00pm 5401 7th Rd. S. Arlington, VA 22205



May 17- Arlington Palooza
11:00am-4:00pm *Lubber Run Community Center*



May 21- Arlington Free Clinic
1:00pm-3:00pm 2921 11th St S, Arlington, VA 22204



**CHILD & FAMILY
SERVICES**

DEPARTMENT OF HUMAN SERVICES
ARLINGTON, VA

