



# Re-Engage at Any Age: AGING YOUR WAY IN THE NEW NORMAL

Join us for the NOVA Older Adult Resource Fair focused on the pillars of aging well: Financial, Legal, Healthcare, Socialization and Housing. May's event will focus on Aging Your Way and cover pillars and education on Advanced Care Planning.

## SPEAKER TOPICS:

**LEGAL STRATEGIES • MEDICAL POLST ORDERS • AGING YOUR WAY - WHAT IF I HAVE NO-ONE TO SPEAK FOR ME?**

- 5 Wishes
- DOOR PRIZES
- Community Resources
- PowerBraining Classes
- Interactive Art
- Dementia Simulations
- Health Screenings

DATE: **May 3, 2022**  
TIME: **10AM-2PM**

## LOCATION:

Abiding Presence Lutheran Church  
6304 Lee Chapel Road  
Burke, VA 22015

