



Help Change Perspectives on Mental Health and Substance Use Disorders!

You're invited to help celebrate National Recovery Month by attending a special virtual event where people who live with mental health and substance use challenges will share their experiences and their recovery! This event is for all members of the community!

This year's National Recovery Month theme, ***"Recovery is for Everyone: Every person, Every Family, Every Community"***, reminds people in recovery and those who support them, that recovery belongs to all of us and benefits everyone. The observance will work to highlight inspiring stories to help all people find the path to hope, health, and wellness.

Facebook Link: <https://www.facebook.com/ArlingtonVA/videos/>

YouTube Link: <https://www.youtube.com/c/arlingtoncountyTV/videos>

"An individual who is vocal about his or her treatment and recovery story can be the catalyst for others in need. Real-life stories bring to life the power of recovery."



**Wednesday,
September 29
7:00 – 8:00 p.m.**

**Celebrate National
Recovery Month
virtually:**

**Facebook and
YouTube**



**DIVISION OF
BEHAVIORAL HEALTHCARE**

Sponsored by Arlington
County's Behavioral
Healthcare Division.