



Spring Tree Playdough

In honor of this month's Earth and Arbor Days, combine DIY easy playdough and elements from nature to create a beautiful and sensory-filled exploration for your young child. Follow these simple instructions:

Start with a 5 ingredient no-cook playdoh recipe. You and your child will need:

- ¼ cup salt
- 3 tablespoons oil
- 1 cup boiling water
- 3 cups flour
- Food coloring (maybe make brown for tree bark)

Directions:

1. Mix the salt and oil together. You will find that the salt soaks up most of the oil and becomes quite dry.
2. Pour in the boiling water (grown-ups only) and stir until the salt is dissolved.
3. Add a few drops of food coloring.
4. Slowly add the flour, stirring as you go. Keep adding flour until a soft dough forms, then tip the dough onto a counter or tray and knead it well before use.
5. While your dough cools, take a walk and collect twigs, fallen tree buds, petals, seeds and nuts.
6. Once home set up a tree-building station with your playdough and real tree parts for a fun sensory experience.