



Tornadoes happen, VA can help!

For non-emergent medical advice, call or chat with **VA Health Connect** for virtual care. **VA Health Connect** Nurse Triage and Appointment Scheduling services are available by phone **24/7 nationwide**. Prescription services are also available; call VA Health Connect for more information.



Call your local VA
medical center at

and select:
3 to speak to a nurse
2 for scheduling
1 for pharmacy

OR



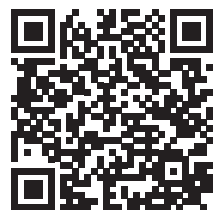
Access VA Health Chat
via VA App Store,
Apple Store or Google Play.
Sign in with ID.me
or Login.gov.

You can access VA Health Chat with your smart phone in most locations Monday to Friday, 8 a.m. – 4 p.m., excluding federal holidays, with some areas offering 24/7 support.

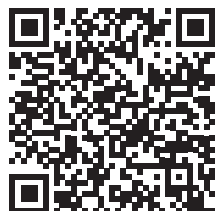
In an emergency, dial 911. For Veterans in mental health crisis, call the Veterans Crisis Line at **988 (press 1)** for **24/7 confidential support**. Enrollment in VA benefits or health care is not required.



VA HEALTH
CONNECT



TORNADO
PREPAREDNESS
TIPS



VA



U.S. Department
of Veterans Affairs