



# Veteran & Caregiver Community Summit: "Refresh & Renew"

**Tuesday, June 17th from 10:00am—2:00pm**

**Togus Campus behind Building 206 in the courtyard.**

- 10:00am — Welcome**
- 10:30am — Guitars for Vets**
- 11:00am — Recreational Therapy / VAST demonstration**
- 11:30am — Acupressure demonstration**
- 12:00 — Veteran & Caregiver Panel Discussion**
- 1:00 — Recovery Coin Presentations**
- 1:45— Closing**

**Veteran Owned  
Food Truck on site  
for lunch!**

## **VA Maine Resources:**

Caregiver Support  
Suicide Prevention  
Chaplain Service / Whole Health  
Medical Foster Home / Community Care  
Veteran's Benefits—on site claims assist.  
Home Based Primary Care  
Occupational Therapy  
Pain Clinic — Mindfulness  
Primary Care Social Work—Advance Care Plan.  
Recreational Therapy  
Vet Center  
Nutrition Services

## **Community Partners:**

Alzheimer's Assoc. of Maine  
American Red Cross NNE  
Brain Injury Assn of American—Maine  
Legal Services for the Elderly  
Maine Bureau of Veterans' Services  
Office of Aging & Disability  
Parkinson's Foundation  
Travis Mills Foundation  
VAST (Veteran Assisted Sports & Training)  
Guitars for Vets  
DAV—Disabled American Veterans—Claims