



# Veteran & Caregiver Community Summit: "Refresh & Renew"

**Tuesday, June 17th from 10:00am—2:00pm**

**Togus Campus behind Building 206 in the courtyard.**

- 10:00am — Welcome
- 10:30am — Guitars for Vets
- 11:00am — Recreational Therapy / VAST demonstration
- 11:30am — Acupressure demonstration
- 12:00 — Veteran & Caregiver Panel Discussion
- 1:00 — Recovery Coin Presentations
- 1:45 — Closing



Veteran Owned  
Food Truck on site  
for lunch!

## VA Maine Resources:

- Caregiver Support
- Suicide Prevention
- Chaplain Service / Whole Health
- Medical Foster Home / Community Care
- Veteran's Benefits—on site claims assist.
- Home Based Primary Care
- Occupational Therapy
- Pain Clinic — Mindfulness
- Primary Care Social Work—Advance Care Plan.
- Recreational Therapy
- Vet Center
- Nutrition Services

## Community Partners:

- Alzheimer's Assoc. of Maine
- American Red Cross NNE
- Brain Injury Assn of American—Maine
- Legal Services for the Elderly
- Maine Bureau of Veterans' Services
- Office of Aging & Disability
- Parkinson's Foundation
- Travis Mills Foundation
- VAST (Veteran Assisted Sports & Training)
- Guitars for Vets
- DAV—Disabled American Veterans—Claims