

**Saint Cloud VA Caregiver Support Program**

# **National Family Caregivers Month**

## **Kickoff Celebration!**

**Join us on October 31 to start the celebration!**

- Learn important information to help make your caregiving role safer and healthier
- Connect with important VA resources for you and your Veteran
- Meet the VA Caregiver Support Team and other caregivers of Veterans!

Caregivers, Veterans, VA staff, community caregiver agencies and those interested in keeping their loved ones safe are welcome!

**Tues., October 31, 2023**  
**9a.m. - 2:30p.m.**

**St. Cloud VA – Building 8**  
**Auditorium**

**PRESENTATION SCHEDULE:**

- 9:30a.m.-10:30a.m.: “Home Safety and Fall Prevention”
- 10:30a.m.-11:30a.m.: “Firearm Life Plan”
- Noon-1p.m.: “Psychological First Aid”
- 1p.m.-2p.m.: “SAVE for Caregivers”



**Questions? Call St. Cloud VA Caregiver Support**  
**320-252-1670 ext 7283**