

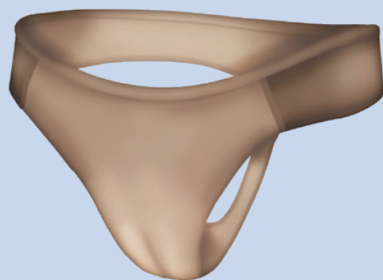
Chest Binders



Snug chest binders create a masculine appearing chest by compressing breast tissue against the body to flatten the chest contour.

Binder Sizing

1. Wrap a cloth tape measure around your body just under your arm pits. Include **as little** breast tissue as possible.
2. Use your tape measure and measure around your body at the fullest point. Include **as much** breast tissue as possible.
3. Add these number to find your size.



Gaffs

A gaff gives a flat genital outline. It compresses and supports genitals in a safe, comfortable position.

Wigs

A wig is a natural or synthetic hair covering that can be supplied to help support a TGD Veteran if deemed medically necessary to the treatment plan.



Madison VA LGBTQ+ Services



1. Scan the QR code to visit VA.gov.
2. Create or sign into your account.
3. Click on Personal Information to update your gender identity and preferred name.

- Cancer Screenings, Prevention and Treatment
- Gender-Affirming Hormone Therapy
- LGBTQ+ Affirming Mental Health
- Sexual Health and Pre-Exposure Prophylaxis (PrEP)
- Gender-Affirming Dermatology
- Gender-Affirming Program with Speech (GAPS)
- Fertility and Family Planning

**Madison LGBTQ+
Veteran Care Coordinator**
Margo Edge, LCSW
608-256-1901 ext. 10762

VA



U.S. Department of Veterans Affairs
William S. Middleton Memorial Veterans Hospital



Prosthetics for Gender-Affirming Care



What is the purpose of prosthetics for transgender and gender-diverse Veterans?

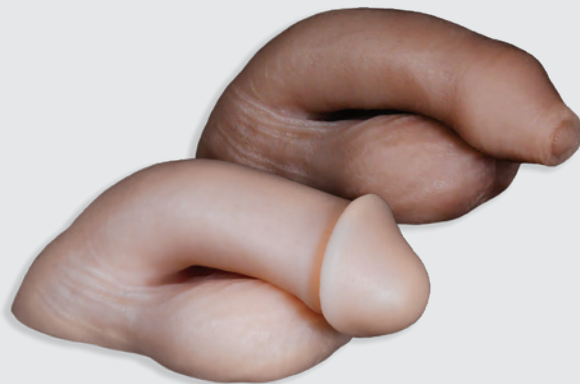
Prosthetics are medical devices for transgender and gender diverse (TGD) Veterans to aid in feeling more comfortable with their bodies. Worn on the outside of one's body, they give a shape or look more in line with one's gender identity. Prosthetics can help ease some distress for those experiencing gender dysphoria (distress about the sex assigned at birth).

Your health care team can submit a gender-affirming prosthetic fitting consultation to start the process.



Vaginal Dilators

Vaginal dilators maintain the shape and depth of the neovagina formed during gender-affirming surgery.



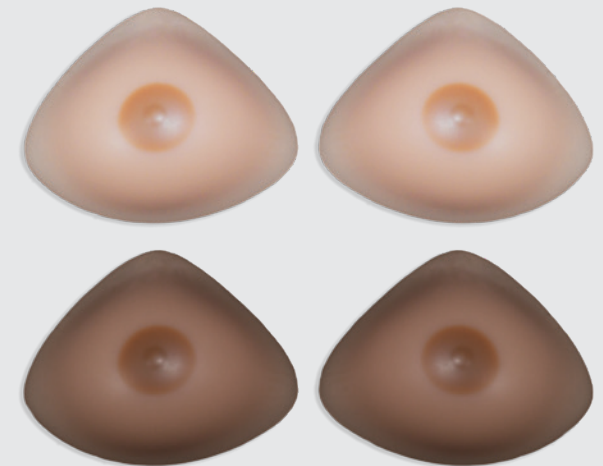
Packers

A packer is a penile prosthesis. A packing harness or underwear holds the packer in place. Packers avoid the shape of your clothing looking "empty." It allows clothing to hang and move more naturally for transgender men and masculine of center Veterans.



Stand-to-Pee

Stand-to-Pee (STP) devices help transgender men and masculine of center Veterans urinate while standing up. This can be vital for safety while using a public restroom.



Breast Forms

Even with hormone therapy, transgender and gender diverse Veterans may not develop adequate breast tissue. Breast forms come in a variety of shapes and colors.