



September is Suicide Prevention Month.



be there.



*This month — and every month — take a
moment to show a Veteran you care.*

Learn more at **BeThereForVeterans.com.**

- > 9-1-1 to reach emergency responders (Click Links to Visit)
- > Be There For Veterans Website: [BeThereForVeterans.com](https://www.bethereforveterans.com)
- > VA's Suicide Prevention Site: https://www.mentalhealth.va.gov/suicide_prevention/index.asp
- > Veterans Crisis Line: Call 1-800-273-8255, Press 1; Text 838255;
for the deaf or hard of hearing: call 1-800-799-4889;
or chat online at: <https://www.veteranscrisisline.net/get-help/chat>
- > National Suicide Prevention Lifeline: 1-800-273-TALK (8255)
- > Roseburg VA Mental Health Clinic: 541-440-1257
- > VA Suicide Prevention Website: https://www.mentalhealth.va.gov/suicide_prevention/index.asp
- > Vets4Warriors (24/7 peer hotline): 1-855-838-8255
- > S.A.V.E. training can be viewed online at: <https://www.youtube.com/watch?v=49Vg-xM9L7Q&t=119s>