

## MOMD Webinar Series

Good afternoon MOMD Friends,

Please see the announcements below for the first two presentations in a Moving on Maternal Depression (MOMD) Webinar Series cosponsored by the Schuyler Center for Analysis & Advocacy (SCAA) and the Postpartum Resource Center of New York. We are excited to host these speakers who are experts in their field.

These webinars are approved for 1 continuing education unit for NYS licensed social workers and NYS licensed mental health counselors and costs \$15.00. Helping Hands Psychotherapy, LCSW, PC is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0567 and by the State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors #MHC-0202.

***Stay tuned for additional webinars at the end of October and early November!***

**October 14, 2020 at 10:00-11:30 am**

***Understanding Maternal Mental Health and the Impact on Families***

Vanessa McMullan, LCSW, North Shore Child and Family Guidance Center



Vanessa McMullan, LCSW, is the Clinical Supervisor at The Marks Family Right From The Start 0-3+ Center of North Shore Child & Family Guidance Center, and Coordinator of the agency's Diane Goldberg Maternal Depression Program. For the past 15 years, Vanessa has provided therapeutic services for young children with emotional and behavioral difficulties, and their families. She has presented many trainings to parents, schools, staff, and community members about understanding maternal mental health, building resiliency in children, managing children's challenging behaviors, and the impact of COVID-19 on young children and pregnancy/postpartum experiences. Vanessa's recent focus has been working to expand the agency's Maternal Depression Program by providing trainings to professionals about the importance of maternal mental health.

Please register for this webinar [HERE](#)

**October 21, 2020 at 10:00-11:30 am**

***Health Equity and Maternal Mental Health***

Martine Hackett, PhD, MPH, Hofstra University



Martine Hackett, PhD, MPH is an associate professor in the Department of Health Professions at Hofstra University and the Director of the Master of Public Health Program. Her research and community-based work is focused on maternal child health, suburban health equity and the intersection of health and housing. She is also the co-founder of the Birth Justice Warriors, an organization committed to eliminating black maternal and infant mortality in Nassau County. Hackett previously served as a deputy director at the New York City Department of Health and Mental Hygiene's Bureau of Maternal, Infant and Reproductive Health and also had a decade of experience as a television producer. She has a BFA in film and television from New York University, a MPH from Hunter College, and a Ph.D. in sociology from the CUNY Graduate Center.

Please register for this webinar [HERE](#)