
Maternal Health Resources to Support Latino/Hispanic Mothers, Clinicians, and Organizations



Health Resources and Services Administration (HRSA)

HRSA programs provide health care to people who are geographically isolated, and economically or medically vulnerable. This includes programs that deliver health services to people with HIV, pregnant people, mothers, and their families, those with low incomes, residents of rural areas, American Indians and Alaska Natives, and those otherwise unable to access high-quality health care. HRSA also supports the training of health professionals, the distribution of health care providers to areas where they are needed most, and improvements in health care delivery. <https://www.hrsa.gov/>

- Find a Health Center: <https://findahealthcenter.hrsa.gov/>
- Find HIV Care: <https://findhivcare.hrsa.gov/>

Maternal Child Health Bureau (MCHB)

MCHB, a bureau of HRSA, provides programs that aim to improve the health and well-being of mothers, children, and families across their lifespan. The vision of the MCHB is an America where all mothers, children, and families thrive and reach their full potential. <https://mchb.hrsa.gov/>

- Healthy Start: <https://mchb.hrsa.gov/programs-impact/healthy-start>
- Intimate Partner Violence Toolkit: <https://www.hrsa.gov/sites/default/files/hrsa/HRSA-strategy-intimate-partner-violence.pdf>
- National Maternal Mental Health Hotline 1-833-TLC-MAMA (1-833-852-6262): <https://mchb.hrsa.gov/national-maternal-mental--health-hotline> | [Spanish](#)

Centers for Disease Control (CDC)

CDC protects the public health of the nation by providing leadership and direction in the prevention and control of diseases and other preventable conditions and responding to public health emergencies.

<https://www.cdc.gov/> | [Spanish](#)

- Hear Her Campaign: <https://www.cdc.gov/hearher/about-the-campaign/index.html> | [Spanish](#)
- Milestone Tracker App: https://www.cdc.gov/ncbddd/actearly/milestones-app.html?s_cid=AAP-2017-APP-PC7 | [Spanish](#)
- Perinatal Quality Collaborative: <https://www.cdc.gov/reproductivehealth/maternalinfanthealth/pqc.htm>

Center for Medicare & Medicaid Services (CMS)

CMS serves the public as a trusted partner and steward, dedicated to advancing health equity, expanding coverage, and improving health outcomes. The Center for Medicaid and CHIP Services (CMCS) serves as the focal point for all the national program policies and operations for Medicaid, Children's Health Insurance Program (CHIP), and Basic Health Program (BHP). <https://www.medicaid.gov/>

- Unwinding Communications Resources: <https://www.medicaid.gov/resources-for-states/coronavirus-disease-2019-covid-19/unwinding-communications-resources/index.html>
 - Medicaid and CHIP Eligibility Renewals: <https://www.medicaid.gov/resources-for-states/downloads/unwinding-comms-toolkit.pdf> | [Spanish](#)

Food & Drug Administration (FDA) Office of Women’s Health (OWH)

FDA OWH serves as the principal advisor to the Commissioner and other key Agency officials to protect and promote the health of women through policy, science, education, and outreach. OWH provides resources to help women make healthy choices for themselves and their loved ones.

<https://www.fda.gov/consumers/consumer-information-audience/women> | [Spanish](#)

- ¡Nunca Más! Novela Health Series: <https://www.fda.gov/consumers/womens-health-topics/nunca-mas-novelas>

Office of the Assistant Secretary for Health (OASH), Office of Women’s Health (OWH)

OWH works to improve women’s health by advancing and coordinating a comprehensive women’s health agenda. OWH focuses on developing women’s health as a specialized issue for government action and attention alongside efforts by partner organizations. These issues include research, health care prevention and service delivery, public and health care professional education, and career advancement for women in health and scientific careers.

<https://www.womenshealth.gov/> | [Spanish](#)

American College of Obstetrics and Gynecologists (ACOG)

ACOG provides the highest quality education worldwide, continuously improve women’s health care through practice and research, lead advocacy efforts for women’s health care issues nationally and internationally and provides excellent organizational support and services to members.

<https://www.acog.org/>

- Pregnancy: <https://www.acog.org/womens-health/pregnancy>
- Women’s Preventive Measure Initiative (WPSI): <https://www.womenspreventivehealth.org/>

Bright Futures Program

Bright Futures is a national health promotion and prevention initiative, led by the American Academy of Pediatrics and supported, in part, by MCHB, to improve the health of our nation’s infants, children, and adolescents. Bright Futures Guidelines provide theory-based and evidence-driven guidance for all preventive care screenings and health supervision visits.

<https://www.aap.org/en/practice-management/bright-futures/bright-futures-family-centered-care/bright-futures-resources-for-families/> | [Spanish](#)

Count the Kicks

Count the Kicks is an evidence-based campaign that teaches expectant parents about the importance of tracking fetal movements. The goal is to make kick counting a common practice in the third trimester by reaching as many providers and expectant parents as possible. <https://countthekicks.org/>

Healthy Children

Healthy Children programs, activities, policies, guidelines, and publications dedicate their efforts and resources to the health, safety and well-being of infants, children, adolescents, and young adults. Whether you're looking for general information related to child health or for more specific guidance on parenting issues, [healthychildren.org](https://www.healthychildren.org/) is a parenting website backed by 67,000 pediatricians committed to the attainment of optimal physical, mental, and social health and well-being for all infants, children, adolescents, and young adult. <https://healthychildren.org/English/Pages/default.aspx> | [Spanish](#)

- Prenatal: <https://healthychildren.org/english/ages-stages/prenatal/Pages/default.aspx> | [Spanish](#)

Maternal Health Learning & Innovation Center (MHLIC)

MHLIC fosters collaboration and learning among diverse stakeholders to accelerate evidence-informed interventions advancing equitable maternal health outcomes through engagement, innovation, and policy. <https://maternalhealthlearning.org/>

March of Dimes

March of Dimes leads the fight for the health of all moms and babies. They support research, lead programs and provide education and advocacy so that every family can have the best possible start. They educate medical professionals and the public about best practices; support lifesaving research; provide comfort and support to families in NICUs; and advocate for moms and babies.

<https://www.marchofdimes.org/> | [Spanish](#)

MCH Navigator

The MCH Navigator is a centralized portal for pursuing continuous learning in maternal and child health (MCH) and is designed to help emerging and established MCH professionals and students map professional growth pathways. <https://www.mchnavigator.org/>

Midwives Alliance of North America (MANA)

MANA has the mission to unite, strengthen, support and advocate for the midwifery community and to promote educational, economic, and cultural sustainability of the midwifery profession.

<https://mana.org/>

MotherToBaby

MotherToBaby, a service of the non-profit Organization of Teratology Information Specialists (OTIS), is the nation's leading authority and most trusted source of evidence-based information on the safety of medications and other exposures during pregnancy and while breastfeeding. They specialize in answering questions about the safety/risk of exposures, such as medications, vaccines, chemicals, herbal products, substances of abuse, maternal health conditions and much more, during pregnancy or breastfeeding. Their no-cost information service is available to people who are pregnant and/or breastfeeding, their family members, health professionals, and the general public via chat, text, phone, and email in both English and Spanish. <https://mothertobaby.org/>

- Links to Resources for patients and professionals: <https://mothertobaby.org/healthcare-professionals/> | <https://mothertobaby.org/es/sitio-web-en-espanol/>

National Hispanic Medical Associations (NHMA)

NHMA is dedicated to empowering Hispanic physicians to be leaders who will help eliminate health disparities and improve the health of Hispanics. <https://www.nhmamd.org/>

National Association of Hispanic Nurses (NAHN)

NAHN addresses the largest healthcare challenges facing Latinos using NAHN members who uniquely understand the challenges to providing better healthcare to America's fastest growing segment of the population -- the Latino community. <https://www.nahnet.org/>

Review to Action

Review to Action promotes the maternal mortality review process as the best way to understand maternal mortality in the United States and prioritize interventions to improve maternal health.

<https://reviewtoaction.org/>

Rural Health Information Hub (RHihub)

RHihub, funded by the Federal Office of Rural Health Policy to be a national clearinghouse on rural health issues, is committed to supporting healthcare and population health in rural communities.

<https://www.ruralhealthinfo.org/>

- Promotores de Salud/ Community Health Worker Model: <https://www.ruralhealthinfo.org/toolkits/community-health-workers/2/layhealth>
- Maternal Health Toolkit: <https://www.ruralhealthinfo.org/toolkits/maternal-health>

Rural Health Research Gateway

Rural Health Research Gateway provides easy and timely access to research and findings of the Federally Office of Rural Health Policy (FORHP)-funded Rural Health Research Centers, 1997-present. Their goal is to help move new research findings of the Rural Health Research Centers to various end users as quickly and efficiently as possible. <https://www.ruralhealthresearch.org/>

- Maternal Health: <https://www.ruralhealthresearch.org/topics/maternal-health>

OTHER RESOURCES

Office for Civil Rights (OCR)

OCR, U.S. Department of Health and Human Services, ensures compliance with our nation's civil rights, conscience and religious freedom, and health information privacy and security laws by investigating complaints and conducting compliance reviews, requiring corrective and remedial action, promulgating policy and regulations, and providing technical assistance and public education. If you need to speak with them, please contact their office directly. <https://www.hhs.gov/civil-rights/for-individuals/special-topics/limited-english-proficiency/index.html>

- Contact Information by Regions: <https://www.hhs.gov/ocr/about-us/contact-us/index.html>
- How to File a Complaint: [Presentar una queja relacionada con los derechos civiles](#) (To file a discrimination complaint with the Office for Civil Rights - Spanish)
<https://www.hhs.gov/civil-rights/filing-a-complaint/index.html> (To file a discrimination complaint with the Office for Civil Rights - English)
- Fact sheets that describe your civil rights under the laws governing OCR.
 - [Conozca sus derechos civiles - PDF](#) (Know your Civil Rights)
 - [Protegiendo sus derechos civiles en los servicios sociales y de atención médica y su información de salud - Derechos de privacidad - PDF](#) (Protecting Your Civil Rights in Health Care and Social Services and Your Health Information Privacy Rights)
 - [Conozca Sus Derechos - Persona con Conocimientos Limitados del Inglés - PDF](#) (Know Your Rights LEP Brochure)
 - [Sus derechos de acuerdo con el Título VI de la Ley de Derechos Civiles de 1964 - PDF](#) (Your Rights under Title VI of the Civil Rights Act of 1964)