2023 JANUARY

Dry January

@GrandCanyonRec

EVENTS & TRIPS

1/01 Sun	***Happy New Year!*** Hours of Op 12:00 pm – 8:00 am	
	Coffee Social (HS) 12:00 pm Lobby	
Five Days	**Fitness Challenge Week** (DS) Mon 1/02 - Fri 1/06	
1/06 Fri	**Climbing Gym & Shopping** (HS) $22.50 + *Admission*	
1/07 Sat	**Bingo Night** (AG) 5:00 pm SPR	
1/08 Sun	**Crafting Social** (AA) 10:00 am Atrium	
1/09 Mon	**College Football Champ. Game** (RS) 5:30pm TV Lounge	
1/10 Tue	**Ping Pong Tourney** (RS) 6:00pm Lobby	
1/11 Wed	**Acoustic Open Mic Night** (AA) 7:00 pm SPR	
1/12 Thu	**Bowling & Shopping** (DS) $22.50 + *Admission*	
	Pool Tournament (RS) 6:00 pm $2 Entry Fee	
1/13 Fri	**Trivia Night** (HS) 6:00 pm SPR	
1/14 Sat	**Karaoke! 80s Night!** (HS) 6:00pm SPR	
1/15 Sun	**Hot Cocoa Social** (HS) 4:00 pm Atrium	
Two Days	**Mini Golf Course** (RS) Mon. 1/16 & Tue. 1/17	
1/18 Wed	**Ladies Night!** (AA) 6:00 pm SPR	
1/19 Thu	**Ice Sculpting Contest** (DS) 4:00 pm Ramada	
1/20 Fri	**Life-Sized Human Chess** (HS/DS) 6:00 pm SPR	
1/21 Sat	**Craft Social** (AG) 11:00 am Atrium	
1/22 Sun	**Donuts Social** (AA) 11:00 pm Atrium	
1/23 Mon	**Salsa Cook-Off** (AS) 6:00 pm Atrium *$5 Entry Fee*	
1/24 Tue	**Board Game Night** (RS) 6:00 pm Atrium	
1/25 Wed	**Clubs Meet & Greet** (AA) 6:00 pm	
Two Days	**Escape Room** (AG) Thu. 1/26 & Fri. 1/27	
1/28 Sat	**Trivia Night** (HS) 6:00 pm SPR	
1/29 Sun	**Coffee Social** (AG) 10:30 am Atrium	
1/30 Mon	**Open Mic Night** (AA) 6:00 pm	
1/31 Tue	**Ping Pong Tourney** (RS) 6:00 pm Atrium	

WHAT IS DRY JANUARY?

Traditionally, Dry January challenges participants to abstain from drinking alcohol for all 31 days of the month. We want to open up this challenge to any vice you may want to take a break from! We've scheduled an event EVERY DAY in January to help you find activities to keep you and you mind busy.

Grand Canyon Resources

Alcoholics Anonymous 928-638-2414

Narcotics Anonymous 541-324-5573

MEET THE REC CREW!



Audrey (AS) Manager



Dan (DS)



Alexa (AA)



Ryan (RS) Asst. Manager



Abby (AG)



Haley (HS)

New to the park?

We can show you around!

Facility Walk-through or Village Tour

To schedule a tour, stop by the front desk!

GRAND CANYON Community REC CENTER

PHONE
928-638-3389

HOURS
6:30 am - 10 pm

COMMUNITY EVENTS, CLUBS, & PROGRAMS

Canyon Community Yoga

For the new January class schedule see -
canyon-community-yoga.mailchimpsites.com

Monthly Pride Meeting

Every 2nd Tuesday of the Month
Piano Room 6:30 pm

Monthly Clay Crafting Night

Every 3rd Tuesday of the Month
SPR 6:00 pm

Muay Thai Class

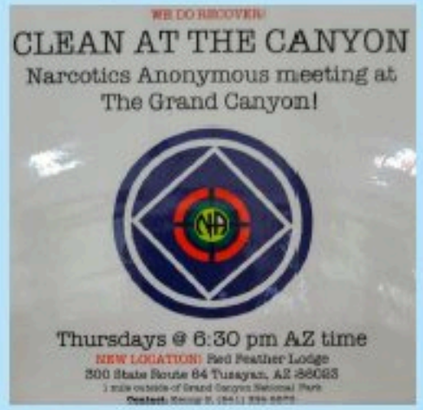
Tuesdays 7:00pm SPR

Boxing Class

Thursdays 7:00pm SPR

Join a Club!

Dungeons & Dragons, Hiking, Chess, Climbing, and Fishing Club, Ping Pong, Music
Register at the Rec Center!





SHOUT OUT TO OUR SPONSORS!

GRAND CANYON NATIONAL PARK LODGES

Red Feather Lodge GRAND CANYON

Delaware North