Region 2 Preparedness and Resilience Webinars

2022 Mid-Year Webinar Catalog (January to June)





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FEMA Region 2 Webinars

Table of Contents

FEMA Region 2 Webinars	3
CERT (Community Emergency Response Team)	5
American Sign Language 101 for CERT	5
CERT Virtual Disaster Workshop	5
Grants	6
FEMA Assistance to Firefighter Grant Program (AFGP)	6
Higher Education	6
FEMA Region 6 Higher Education Collaborative	6
Children, Youth, and Families	6
Student Tools for Emergency Planning (STEP)	6
Ready Youth Toolkit in a Box	7
Communications	7
Guides for Alerts and Warnings Webinar	7
Universal Design	7
Individual and Community Preparedness	8
Human Trafficking: Recognize, Report, Respond	9
Investing in Resilience and the Green Economy	9
Lifelines to Communities: Food Distribution Best Practices	10
Residential Fire Life Saving Strategies	10
You are the Help, Until Help Arrives	10
Mental and Emotional Health	11
A Social Reinsertion During the Pandemic	11
Psychological First Aid	11
Psychological First Aid for Children	11
Selfcare for Disaster Responders and Healthcare Workers	12
Trauma Informed Care	12
Natural Hazards	12
Earth Day Trivia	12
Hurricane Preparedness for Migrant Workers	13
Public Health	13
Let's Talk Vaccine	13
Opioids: One Pill Can Kill – Awareness Seminar	13

Small Businesses	L4
Organizations Preparing for Emergency Needs (OPEN)1	L4
Spanish ONLY Webinars	14
HHS-ASPR Cambio Climático y Preparación para Huracanes1	4
Taller "Más allá del Síndrome Down" 1	4
ndex1	15
See all our upcoming webinars1	L6

CERT (Community Emergency Response Team) American Sign Language 101 for CERT

The Training was delivered by AQI Interpreting Services

The FEMA Region 2 National Preparedness Division is partnering with the State of California Office of Emergency Services (Cal OES), and the National CERT Association (NCA) to host a training is going to focus on the communication needs for including Deaf and Hard of Hearing participants in your CERT program.

Typically, a person with a hearing loss and uses sign language as their primary mode of communication requires accommodations to fully understand presentations spoken in English. American Sign Language (ASL) and English are not the same. ASL has its own grammar and syntax with just as much richness and nuance as any other language. The instructors will bring a perspective of being Deaf, a sign language interpreter and a person with a mild to moderate hearing loss and learning sign language.

People were encouraged to join to learn techniques to enhance your curriculum to include Deaf and Hard of Hearing community members to your class. The webinar also included teaching a few survival signs used for Emergency management situations such as hurt, pain, where, water, name, and many more!

Groups encouraged to attend: Whole Community, Parents, Students, Local, State, Federal government, Private Sector, Faith-based, Non-profit, Philanthropic entities and Emergency Managers,

Recording Link: https://fema.connectsolutions.com/ph9j9mxb8znc/

CERT Virtual Disaster Workshop

The Region 2 National Preparedness Division in partnership with Cal OES, Volunteer Florida and the SFFD NERT Program hosted a special series of workshops on using CERT volunteers to support a disaster response. The series will also cover the following topics in a scenario-based format:

Volunteer Requests and Mission Tasking Volunteer Call out and Deployment Best Practices Using CERT for common disaster response and recovery activities Demobilization/After-Action Reports

Groups encouraged to attend: CERT Program Managers, CERT Leads, State, County and Local OEMs, Sponsoring CERT organizations, other interested parties.

Recording link from March 22: <u>https://fema.connectsolutions.com/pngni2cmu9y9/</u> Recording link from March 24: <u>https://fema.connectsolutions.com/p98q6uees232/</u> Recording link from March 29: <u>https://fema.connectsolutions.com/py2bwk4ht2s8/</u> Recording link from March 31: <u>https://fema.connectsolutions.com/pof7mwj2ygow/</u>

Grants FEMA Assistance to Firefighter Grant Program (AFGP)

The Region 2 National Preparedness Division hosted a webinar on the Assistance to Firefighters Grants Program (AFGP) which funds critically needed resources to equip and train emergency personnel, enhance efficiencies and support community resilience.

FEMA Region 2 Fire Program Specialist, Brian S. Thomas, provided a training webinar focused on the Assistance to Firefighter Grant Program (AFG). The webinar provided information on AFG grants, Grant Management, and Grant Writing. Tips on how to develop a successful grant application was the highlight of the presentation. This webinar was tailored to Firefighters, EMTs, Grant Writers and Grant Managers

Groups encouraged to attend: Local, State, Federal government, Firefighters, EMTs, Grant Writers and Grant Managers

Recording Link: https://fema.connectsolutions.com/pe3kjm0tuwpr/

Higher Education

FEMA Region 6 Higher Education Collaborative

The Region 2 in collaboration with Region 6 delivered a webinar highlighting the FEMA Region 6 Higher Education Collaborative which is the network through which strategy and information regarding emergency management research, campus preparedness and growing the next generation of emergency managers can be shared.

This panel discussed the Collaborative's successes in establishing a regional community of educators, info-sharing practices and how they foster collaboration among colleges, universities, and Centers of Excellence in Arkansas, Louisiana, New Mexico, Oklahoma and Texas.

Groups encouraged to attend: The Whole Community, Parents, Students, Local, State, Federal government, Non-profit, Emergency Managers, Institutions of Higher Education, Career, Technical, and Vocational Schools.

Recording Link: <u>https://fema.connectsolutions.com/pwrl05h82u5a/</u>

Children, Youth, and Families

Student Tools for Emergency Planning (STEP)

The Region 2 and Region 5 National Preparedness Divisions hosted a webinar on Student Tools for Emergency Planning (STEP).

STEP is an emergency preparedness course designed for students in fourth grade and above, with fun activities that can be used inside and outside of school. The program guides students on how to create emergency kits and family communication plans, while also teaching about specific hazards.

Groups encouraged to attend: Educators, School Administrators, After-school Programs, youthserving organizations, emergency managers and other members of the whole community.

Recording Link: <u>https://fema.connectsolutions.com/pxf12i4sxgn2/</u>

Ready Youth Toolkit in a Box

The Individual and Community Preparedness Team in Region 2 hosted a webinar on how to start a Youth Preparedness Council (YPC) or club in your school or community using the Ready Youth Toolkit in a Box.

This toolkit developed by the staff who manage one of the largest regional YPCs, offers guidance on how to start your own YPC, suggested emergency preparedness training and best practices, as well as many templates that can be easily duplicated. Starting a YPC gives members a variety of benefits, including skill building and networking. It can also be a pipeline to the National FEMA YPC, where teens can apply for and team up with a select group of like-minded youths from across the country.

Groups encouraged to attend: Educators, school administrators, after-school programs, youthserving organizations, parents, young adults and other members of the whole community.

Recording Link: https://fema.connectsolutions.com/pvfuabisvnjx/

Communications

Guides for Alerts and Warnings Webinar

Please join the Individual and Community Preparedness Teams from FEMA HQ and Region 2 for a webinar on the new Guides for Alerts and Warnings.

According to FEMA's 2021 National Household Survey, 44% of people who received information about how to get better prepared for a disaster got this information through social media. To help emergency managers share important information about hazard alerts and protective actions, FEMA created a suite of alerts and warnings graphics for alerts that people across the country may receive, learn more about them through this webinar!

Groups encouraged to attend: Whole Community, Local, State, Federal government, Private Sector, Faith-based, Non-profit, Philanthropic entities and Emergency Managers.

Recording: https://fema.connectsolutions.com/p0il3kv5kaal/

Universal Design

Please join the Region 2 National Preparedness Division, Disability Integration Advisor, and New York City Emergency Management is hosting a webinar focusing on the various ways in which Universal Design (UD) has been applied or imagined in different design settings to give attendees a sense of how it helps people with disabilities, the elderly, children, and others engage with the built environment and with commercial products.

We will discuss what Universal Design is and isn't, its history and the status of Universal Design goals, principles and implementation. Our diverse subject matter experts will offer valuable information and access to informative resources to assist the audience in promoting and advocating for Universal Design in their field of work, including the public environment and individual lives, with the goal of helping attendees turn awareness into action.

Groups encouraged to attend: Whole Community, Local, State, Federal government, Private Sector, Faith-based, Non-profit, Philanthropic entities and Emergency Managers.

Recording Link: https://fema.connectsolutions.com/p0il3kv5kaal/

Individual and Community Preparedness

Lifelines to Communities: Food Distribution Best Practices

Please join FEMA Regions 2 and 10 National Preparedness Divisions for a webinar on the role Community Based Organizations can play during an emergency.

Community Based Organizations (CBOs) such as food banks provide critical support year-round and have been especially important during the height of the COVID-19 pandemic. During this webinar, we will hear how Volunteers of America's Hunger Prevention Services, located in Western Washington, have supported their communities during COVID-19, their lessons learned from the

past two years, and how you can apply these lessons to your own organization.

Groups encouraged to attend: We encourage individuals, volunteers, and community-based organizations that are interested in preparedness and resilience to join.

Recording Link: <u>https://fema.connectsolutions.com/p0krvk4kmj5w/</u>

Emergency Operation Plan Development for Faith Based Organizations/Houses of Worship

The National Preparedness Division from the Puerto Rico Caribbean Area Office (CAO) for FEMA Region 2, in collaboration with the CAO/Emergency Response Planner, will be offering a workshop on the development of Emergency Operations Plans focused on Faith-Based Organizations (FBOs) and Houses of Worship (HoWs).

Marie Gonzalez, R2 CAO/Emergency Response Planner, will discuss the most important criteria for developing and updating an Emergency Operations Plan to ensure the safety of your congregations, staff and facilities according to the Comprehensive Preparedness Guide 101 guidelines, as revised in 2021.

Violence in Houses of Worship is not new. In addition to tornadoes, fires, floods, hurricanes and earthquakes, violent acts also affect Faith Based Organizations and Houses of Worship. Participants will have the opportunity to obtain detailed information on how to develop their plans by identifying and analyzing risk, discussing potential scenarios, and considering the demand for resources in order to continue to provide services to the populations they serve.

Groups encouraged to attend: Faith Based Organizations and Houses of Worship leaders, planners, chaplains, administrative and support staff.

Recording Link: <u>https://fema.connectsolutions.com/poksw8okkh6z/</u>

Get Ready for Hurricane Season

Please join the Region 2 National Preparedness Division in honor of Hurricane Preparedness Week to encourages everyone to evaluate their personal hurricane risk before hurricane season begins on June 1st.

This webinar will cover hurricane basics, information resources, and how to find out if you live in a hurricane evacuation zone. We will also discuss preparedness measures for people living in hurricane-prone areas, such as emergency supplies, insurance, preparing your home, and making an individual or family hurricane plan.

Groups encouraged to attend: The whole community – individuals and families, volunteer and faithbased organizations, local, state, federal government and private sector.

Recording Link: https://fema.connectsolutions.com/p1t2rnib8dpm/

HHS ASPR Equity and Hurricane Preparedness Webinar

The National Preparedness Division from the Puerto Rico Caribbean Area Office for FEMA Region 2 is partnering with the U.S. Department of Health and Human Services (HHS) and the Assistant Secretary for Preparedness and Response (ASPR) to bring stakeholders in the Caribbean to the 2022 Preparedness Marathon with a series of virtual webinars.

The first webinar in the series will focus on hurricane preparedness and equity considerations and resources available from a variety of federal programs across the U.S. Department of Health and Human Services including speakers from the Health Resources and Services Administration, the Administration for Children and Families, and the Administration for Community Living.

Groups encouraged to attend: Service Providers, Government Agencies, Community-Based and Faith-Based Organizations.

Recording Link: https://fema.connectsolutions.com/pqfkwl3ko6v7/

Human Trafficking: Recognize, Report, Respond

The Region 2 National Preparedness Division hosted this special session featuring a subject matter expert from Safe Horizons, the nation's leading victim assistance organization based in New York City. This organization operates a network of programs to provide assistance, advocacy and support to victims who have experienced domestic violence, child abuse, sexual assault, stalking, human trafficking, youth homelessness and other crimes.

This webinar focused on effective engagement of trafficked persons, core principles of trauma informed care, client-centered practice, and Safe Horizon's approach to providing social services to survivors.

Groups encouraged to attend: FEMA Staff, Whole Community, Local, State, Federal government, Private Sector, Philanthropic entities, Emergency Managers.

Recording Link: <u>https://fema.connectsolutions.com/ph9j9mxb8znc/</u> https://fema.connectsolutions.com/pg2mmq2w1feq/

Investing in Resilience and the Green Economy

The Region 2 and Region 7 National Preparedness Divisions for a webinar on Investing in Resilience and the Green Economy

Join The Climate Initiative, a nonpartisan nonprofit with a mission of empowering high-school and college youth around climate action, to discuss the intersections of impacts of climate and the economy. This one-hour presentation will look at how climate change affects different communities creating policy solutions that increase community resilience.

Groups encouraged to attend: FEMA Staff, Educators, environmental education programs, afterschool programs, youth serving organizations, emergency managers and other members of the whole community.

Lifelines to Communities: Food Distribution Best Practices

Regions 2 & 10 National Preparedness Divisions hosted a webinar on the role Community Based Organizations can play during an emergency.

Community Based Organizations (CBOs) such as food banks provide critical support year-round and have been especially important during the height of the COVID-19 pandemic. During this webinar, we will hear how Volunteers of America's Hunger Prevention Services, located in Western Washington, have supported their communities during COVID-19, their lessons learned from the past two years, and how you can possibly apply these lessons to your own organization.

Groups encouraged to attend: volunteers and community-based organizations that are interested in preparedness and resilience to join.

Recording Link: <u>https://fema.connectsolutions.com/p0krvk4kmj5w/</u>

LISTOS – Preparedness Training for Families and Individuals

Aware and Prepare LISTOS is an 8-hour training program that was originally created to engage the Hispanic community in emergency and disaster preparedness. Unlike CERT, LISTOS training is conversational based and is focused on families and individuals.

LISTOS was created in Santa Barbara County, California, in 2009 as part of the Aware and Prepare program. Since then, LISTOS has received two grants from the California Office of Emergency Services and a grant from the California Governor's office to expand LISTOS throughout the state. LISTOS now has over 60 programs statewide, and the curriculum has been translated into 13 languages. Visit <u>www.CFALISTOS.org</u> for more information. Join us to learn more about this program, how it has proven effective in preparing non-English speaking communities, and how you can start a LISTOS program in your area.

Groups encouraged to attend: Whole community partners, particularly CERT Program Managers and Instructors who are interested in an effective tool to prepare community members for all hazards

Recording Link: <u>https://fema.connectsolutions.com/pkoy8iff09wj/</u>

Residential Fire Life Saving Strategies

The Region 2 National Preparedness Division for a special webinar on Fire Prevention and safety.

This webinar featuring subject matter experts from the US Fire Administration and the American Red Cross discussed how you and your family can prevent a home fire and steps you can take to increase your ability (and that of your loved ones) to survive in the event of a fire. Fire prevention is your first step in protecting yourself and loved ones at home. Knowing what to do if a life-threatening situation occurs is a very important step that helps prevent injuries and loss of life.

This webinar was for the Whole Community, Parents, Students, Local, State, Federal government, Private Sector, Faith-based, Non-profit, Philanthropic entities and Emergency Managers,

Recording Link: https://fema.connectsolutions.com/p3cvib17kfil/

You are the Help, Until Help Arrives

Life-threatening emergencies can happen fast, and emergency responders aren't always nearby. You may be able to save a life by taking simple actions immediately. The Until Help Arrives program

teaches basic skills to help keep people alive and safe until professional help arrives. Learn five simple steps that may save a life.

Groups encouraged to attend: The whole community, individuals and families, volunteer and faith based organizations, local, state, federal government and private sector.

Recording link: 02/09/22 <u>https://fema.connectsolutions.com/p5q41u34ahi3/</u> 05/11/22 <u>https://fema.connectsolutions.com/p6a80qobk4ju/</u> 05/25/22 <u>https://fema.connectsolutions.com/pz514zmxjfgn/</u>

Mental and Emotional Health

Social Reinsertion During the Pandemic

The Region 2 National Preparedness Division in partnership with Americares hosted a webinar on social reinsertion and managing the fear of leaving you home during the pandemic.

A global emergency, such as the current COVID-19 pandemic, can affect people on many levels. Faced with the challenge of resuming ordinary social practices, while there is still a risk of contagion, many people may experience intense fear of leaving their homes, known as "The Cabin Syndrome". Initially, staying at home could be experienced as being "in prison", however, with the passage of time, it has become for many a refuge that they fear leaving. Faced with this challenge, there are measures that can be taken to reduce this fear without abandoning proper precautionary and personal protection practices.

Groups encouraged to attend: Whole community Recording Link in English: <u>https://fema.connectsolutions.com/p137rar1evos/</u>

Psychological First Aid

Please join the Region 2 National Preparedness Division in partnership with Americares for a webinar on Psychological First Aid.

A disaster, emergency, or terrorist event can affect people on many levels. After a traumatic event, survivors are in a state of acute stress and may experience physical, psychological, behavioral, and spiritual reactions. The rapid intervention of a professional, during the first hours after the event occurred, is essential to help victims manage their feelings and protect their physical and mental health.

Groups encouraged to attend: First-response staff, Emergency Managers, CERT Volunteers, Hospital Personnel and Health Care Providers.

Recording: https://fema.connectsolutions.com/p2uc6n5g5fd6/

Psychological First Aid for Children

The Region 2 National Preparedness Division held a webinar in partnership with Americares on Psychological First Aid for Children.

In crisis and emergency events, children think and respond in a different way than adults do. They also have specific needs according to their age and are more vulnerable to adverse effects according to their physical size and their social and emotional capacity to connect with service providers.

Knowing the expected reactions of children and adolescents according to their stage of development will provide us with more information for an adequate support intervention by applying activities and strategies appropriate for their age.

Groups encouraged to attend: The whole community individuals and families, Parents, Teachers, Caregivers, volunteer and faith-based organizations, local, state, federal government and private sector.

Recording link: <u>https://fema.connectsolutions.com/p0a4a6fc6npr/</u>

Selfcare for Disaster Responders and Healthcare Workers

The Region 2 National Preparedness Division in partnership with AmeriCares hosted a webinar on selfcare for disaster responders and healthcare workers. Amidst the COVID-19 pandemic disaster responders and healthcare workers who test and treat COVID 19 patients were, and continue to be, at higher risk of contracting it, than the public. The possibility of contagion and even of bringing the disease home entails a high level of stress and anxiety.

We deal with the double burden of stress from home and work in the face of major disasters. Facing the difficult scenario of caring for themselves and others during this emergency presents health workers with the risk of burnout, indirect trauma, and compassion fatigue. This webinar will explain the specific stressors of first responders, mental and psychosocial health workers, and healthcare providers, including secondary traumatic stress. The Americares team will also provide tools that can be used to promote self-care and aid in self-assessment.

Groups encouraged to attend: First responders, CERT Volunteers, Hospital staff, Mental health and psychosocial service providers.

Recording Link: https://fema.connectsolutions.com/piotcwvakb5o/

Trauma Informed Care

Please join the Region 2 National Preparedness Division in partnership with Americares for a webinar on Trauma Informed Care. Trauma-Informed Care (TIC) understands and considers the pervasive nature of trauma and promotes environments of healing and recovery rather than practices and services that may inadvertently re-traumatize an individual.

A Trauma-Informed Care approach strives to understand the whole of an individual who is seeking services. When trauma occurs, it affects an individual's sense of self, their sense of others and their beliefs about the world. This webinar will discuss what Trauma-Informed Care is, the core principles, and how to apply TIC for the populations you serve.

Groups encouraged to attend: First-response staff, Emergency Managers, CERT Volunteers, Hospital Personnel and Health Care Providers.

Recording Link: <u>https://fema.connectsolutions.com/pyvi7w1zhx3r/</u>

Natural Hazards Earth Day Trivia

The Region 2 National Preparedness Division held the Earth Day Trivia webinar. Region 2 discussed about Earth Day and the connections between the Earth, environment, and disaster preparedness.

Earth Day is a time to appreciate the environment and take steps to protect it – which includes learning more about climate change and how we can protect our communities from climate impacts. Learn about Earth Day, climate change, preparedness actions and community resilience during a fun trivia game! Participants should have a second electronic device (mobile phone, ipad, etc.) to log their answers during the trivia game.

Groups encouraged to attend individuals and families, volunteer and community-based organizations, local, state, federal government and private sector.

Recording Link: https://fema.connectsolutions.com/po5kzxka39na/

Hurricane Preparedness for Migrant Workers

The Regions 2 & 4 National Preparedness Divisions hosted a webinar on migrant and seasonal workers face unique challenges that may inhibit their ability to adequately prepare for and respond to disasters.

From health, poor housing, the nature of their work, a lack of social networks, language barriers, and the unpredictable and increasing frequency of natural disasters, Emergency Managers and organizations who serve these communities must be prepared to address these unique needs. In preparation for the 2022 hurricane season, we invite you to learn more about the needs and challenges migrant and seasonal workers face before, during, and after hurricanes, specific preparedness strategies to meet the needs of these communities, and how FEMA is removing barriers to FEMA programs and providing information to enhance their readiness and resilience.

Groups encouraged to attend: Whole Community, Parents, Students, Local, State, Federal government, Private Sector, Faith-based, Non-profit, Philanthropic entities, and Emergency Managers.

Recording Link: <u>https://fema.connectsolutions.com/p01t1zvyhv5a/</u>

Public Health

Let's Talk Vaccine

The Region 2 National Preparedness Division in collaboration with Americares to present a special webinar about vaccine hesitancy with subject matter expert Dr. Brenda Rivera, Epidemiologist.

Vaccine hesitancy is the delay or refusal to accept safe vaccines, despite the availability of vaccination services. Vaccine hesitancy became a new challenge given the coronavirus pandemic. For this reason, access to adequate information, as well as effective conversations about the COVID-19 vaccine between the provider and the patient, will be very important factors.

Groups encouraged to attend: Whole Community, Local, State, Federal government, Private Sector, Faith based and non-profit organizations, Emergency Managers, Institutes of Higher Education

Recording Link: <u>https://fema.connectsolutions.com/ps3osqhcbb9f/</u>

Opioids: One Pill Can Kill – Awareness Seminar

The Region 2 National Preparedness Division and the Federal Executive Boards (FEBs) of Newark and New York City and the Drug Enforcement Administration (DEA) hosted a special webinar on emerging drug threats.

This webinar featuring subject matter experts from the DEA will discuss the emerging drug threat of counterfeit pills, including the rising number of opioid overdose deaths. This webinar will educate the public about dangers of counterfeit pills and will provide additional information and resources.

Groups encouraged to attend: Whole Community, Parents, Students, Local, State, Federal government, Private Sector, Faith-based, Non-profit, Philanthropic entities and Emergency Managers.

Recording Link: <u>https://fema.connectsolutions.com/p8w714gey9us/</u>

Small Businesses

Organizations Preparing for Emergency Needs (OPEN)

Businesses that are unable to sustain operations during an emergency incident exponentially impact individuals and the community who rely on them. The Organizations Preparing for Emergency Needs (OPEN) program offers a ten-step action plan for essential community economic and social resilience. In this webinar, participants learned how to use OPEN in their organization to identify risks, locate resources, and consider immediate preparedness actions This webinar was designed to help attendees understand the steps, and lead their own staff or community in business preparedness action.

Recording Link part 1: <u>https://fema.connectsolutions.com/pn0ogazc6yrm/</u> Recording Link part 2: <u>https://fema.connectsolutions.com/p4cypokvcgkm/</u>

Spanish ONLY Webinars

HHS-ASPR Cambio Climático y Preparación para Huracanes

La División Nacional de Preparación de la Oficina del Área del Caribe de Puerto Rico para la Región 2 de FEMA en estrecha colaboración con el Departamento de Salud y Servicios Humanos- Oficina del Subsecretario de Preparación y Respuesta y los Centros de Servicios de Medicare y Medicaid le invitan a este taller virtual para compartir las perspectivas de varias agencias federales sobre la preparación ante los huracanes en una época de gran cambio climático.

¿Quién debería asistir? Proveedores de servicios, agencias gubernamentales, organizaciones comunitarias y de base de fe.

Recording link: https://fema.connectsolutions.com/pata6190fw4t/

Taller "Más allá del Síndrome Down"

La División de Preparación Nacional de la Oficina del Caribe de Puerto Rico para la Región 2 de FEMA, en colaboración con la Oficina de Integración de Personas con Discapacidades de FEMA y la Fundación Puertorriqueña Síndrome Down, le invitan al taller virtual donde se conversará acerca del Síndrome Down.

El 21 de marzo es el Día Mundial del Síndrome Down y en celebración, el taller invita a crear conciencia con el propósito de maximizar las posibilidades de inclusión de las personas que aman y viven con un cromosoma adicional. Seamos nosotros quienes rompamos los miedos y prejuicios en ruta hacia la equidad. ¡Inclúyete!

¿Quién debería asistir? organizaciones, agencias, personas con diversidad funcional, cuidadores, proveedores de servicio, público general es bienvenido.

Recording link: <u>https://fema.connectsolutions.com/p4zc9dn5ynn7/</u>

Index

American Sign Language 101 for CERT	5
Assistance to Firefighter Grant Program (AFGP)	6
CERT Virtual Disaster Workshop	5
Earth Day Trivia	12
Guides for Alerts and Warnings Webinar	7
HHS-ASPR Cambio Climático y Preparación para Huracanes	14
Higher Education Collaborative, FEMA Region 6	6
Human Trafficking: Recognize, Report, Respond	9
Hurricane Preparedness for Migrant Workers	13
Investing in Resilience and the Green Economy	9
Let's Talk Vaccine	13
Lifelines to Communities: Food Distribution Best Practices	10
Opioids: One Pill Can Kill – Awareness Seminar	13
Organizations Preparing for Emergency Needs (OPEN)	14
Psychological First Aid for Children	11
Psychological First Aid	11
Ready Youth Toolkit in a Box	7
Residential Fire Life Saving Strategies	10
Selfcare for Disaster Responders and Healthcare Workers	12
Social Reinsertion During the Pandemic	11
Student Tools for Emergency Planning (STEP)	6
Taller "Más allá del Síndrome Down"	14
Trauma Informed Care	12
Universal Design	7
You are the Help, Until Help Arrives	10

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fema-r2-prepares@fema.dhs.gov

