



ERNESTINO BALINA DINING FACILITY

02-08 August 2021



**0630 - 0730
BREAKFAST**

**1100 - 1230
LUNCH**

MONDAY	<p>Eggs to Order Fluffy Buttermilk Pancakes w/ Maple Syrup Seasoned Diced Potatoes Grilled Maple Sausage Links Assorted Hot & Cold Cereals Steamed Calrose Rice Assorted Fruit / Assorted Yogurt Assorted Beverages</p>	<p>Crispy Spicy Buffalo Chicken Wraps Lettuce & Tomatoes Blue Cheese or Ranch Dipping Sauce Crispy Seasoned Curly Fries Fresh Steamed Broccoli Florets Old Fashioned Apple Cobbler w/ Whipped Topping Garden Fresh Tossed Salad Assorted Beverages</p>	
TUESDAY	<p>Eggs to Order Thick Cut French Toast w/ Maple Syrup Crispy Hashbrown Patties Grilled Applewood Smoked Bacon Assorted Hot & Cold Cereals Steamed Calrose Rice Assorted Fruit / Assorted Yogurt Assorted Beverages</p>	<p>Hard & Soft Shell Ground Beef Tacos Simmered Black Beans w/ Fresh Cilantro & Lime Mexican Street Corn on the Cob Shredded Lettuce, Tomato, & Cheese Crispy Tortilla Chips, Salsa, & Sour Cream Cinnamon Sugar Churros Garden Fresh Tossed Salad Assorted Beverages</p>	
WEDNESDAY	<p>Eggs to Order Sausage, Egg, & Cheese Breakfast Sandwiches Peanut Butter Overnight Oats w/ Coconut Milk Crispy Hashbrown Patties Grilled Sausage Patties Assorted Hot & Cold Cereals Steamed Calrose Rice Assorted Fruit / Assorted Yogurt Assorted Beverages</p>	<p>Grilled Marinated Bombay Chicken Fragrant Basmati Rice Toasted Naan Bread w/ Garlic Hummus Roasted Curry Vegetable Blend w/ Carrots, Green Beans, & Onions Chewy Ginger Molasses Cookies Garden Fresh Tossed Salad Assorted Beverages</p>	
THURSDAY	<p>Eggs to Order Belgian Waffles w/ Maple Syrup Shredded Hashbrown Casserole Grilled Spam Assorted Hot & Cold Cereals Steamed Calrose Rice Assorted Fruit / Assorted Yogurt Assorted Beverages</p>	<p>Slowed Cooked Beef Pot Roast Carrots, Onions, & Celery Mashed Potatoes w/ Brown Gravy Fluffy Homemade Dinner Rolls Fresh Spring Mix Salad w/ Cranberries, Walnuts & Goat Cheese Orange Cake w/ Cream Cheese Frosting Garden Fresh Tossed Salad Assorted Beverages</p>	
FRIDAY	<p>Eggs to Order Biscuits & Country Sausage Gravy Seasoned Diced Potatoes Grilled Portuguese Sausage Assorted Hot & Cold Cereals Steamed Calrose Rice Assorted Fruit / Assorted Yogurt Assorted Beverages</p>	<p>Fresh Grilled Naigiri w/ Miso Butter & Shredded Red Pepper Grilled Marinated Chicken Thighs Vegetable Chow Mein Noodles Crispy Vegetable Spring Rolls Fresh Sautéed Bok Choy w/ Ginger Soft Serve Ice Cream Bar w/ Assorted Toppings Garden Fresh Tossed Salad Assorted Beverages</p>	
SATURDAY	<p><u>Reserve Weekend Breakfast 0700-0800</u> Eggs to Order Fluffy Buttermilk Pancakes w/ Maple Syrup Seasoned Shredded Hashbrowns Grilled Spam Assorted Hot & Cold Cereals Steamed Calrose Rice Assorted Fruit / Yogurt / Beverages</p>	<p><u>Reserve Weekend Lunch 1100-1200</u> Herb Marinated Pork Tenderloin Roasted Red Potatoes w/ Fresh Thyme & Garlic Roasted Italian Zucchini & Yellow Squash Zesty Lemon Meringue Pies Garden Fresh Tossed Salad Assorted Beverages</p>	
SUNDAY	<p><u>Reserve Weekend Breakfast 0700-0800</u> Eggs to Order Thick Cut French Toast w/ Maple Syrup Crispy Hashbrown Patties Grilled Sausage Patties Assorted Hot & Cold Cereals Steamed Calrose Rice Assorted Fruit / Yogurt / Beverages</p>	<p><u>Reserve Weekend Lunch 1100-1200</u> Slow Cooked Chicken Adobo Steamed White Calrose Rice Crispy Vegetable Lumpia Broccoli, Carrot, & Onion Stir Fry Blend Fortune Cookies Garden Fresh Tossed Salad Assorted Beverages</p>	
	<p>PREPARED BY: C. E. COLVIN, CS3, JOD</p>	<p>VERIFIED BY: D. S. MCDONALD, CSCM, FSO</p>	<p>APPROVING OFFICIAL A. S. JOCA, CAPT, USCG</p>
<p>THE FSO RESERVES THE RIGHT TO MAKE ANY NECESSARY CHANGES TO THE MENU DUE TO UNFORESEEN CIRCUMSTANCES OR TO PERMIT THE TIMELY USE OF PERISHABLE ITEMS. ASSORTED BEVERAGES AND CONDIMENTS AVAILABLE FOR EVERY MEAL</p>			