ERNESTINO BALINA DINING FACILITY

26 -30 July 2021

ST CUARD



	0630 - 0730 BREAKFAST		1100 - 1200 LUNCH		
MONDAY	Eggs to Order Eggs to Order Fluffy Buttermilk Pancakes W/ Maple Syrup Seasoned Diced Potatoes Grilled Maple Sausage Links Assorted Hot & Cold Cereals Steamed White Rice Assorted Fruit / Assorted Yogurts Assorted Beverages		Grilled BBQ Chicken Thighs Sweet Memphis & Tangy Carolina Style BBQ Sauce Creamy Macaroni & Cheese w/ Crispy Panko Topping Southern Style BBQ Baked Beans Slow Simmered Collard Greens w/ Smoked Ham Hocks Tapioca Pudding w/ Fresh Whipped Topping Garden Fresh Tossed Salad Assorted Beverages		
TUESDAY	Eggs to Order Thick Cut French Toast w/ Maple Syrup Crispy Hashbrown Patties Grilled Applewood Smoked Bacon Assorted Hot & Cold Cereals Steamed White Rice Assorted Fruit / Assorted Yogurts Assorted Beverages		Shredded Pork & Cheese Quesadillas Green Cilantro Lime Rice Refried Pinto Beans w/ Cheddar Cheese Mexican Style Corn w/ Peppers & Onions Crispy Tortilla Chips, Fresh Salsa, & Sour Cream Bar Homemade Mexican Flan Garden Fresh Tossed Salad Assorted Beverages		
WEDNESDAY	Eggs to Order Loco Moco's (Ground Beef Patties) w/ Brown Gravy Seasoned Shredded Hashbrowns Grilled Spam Assorted Hot & Cold Cereals Steamed White Rice Assorted Fruit / Assorted Yogurts Assorted Beverages		Creamy Spinach & Artichoke Chicken Thighs Garlic Smashed Red Potatoes Sweet Cornbread Muffins w/ Honey Butter Steamed Carrots w/ Dill Butter Funfetti Cupcakes w/ Cream Cheese Frosting Garden Fresh Tossed Salad Assorted Beverages		
THURSDAY	Eggs to Order Belgian Style Waffles w/ Maple Syrup Mochi Waffles w/ Coconut Syrup Shredded Hashbrown Casserole Grilled Sausage Patties Assorted Hot & Cold Cereals Steamed White Rice Assorted Fruit / Assorted Yogurts Assorted Beverages		Homemade Beef & Italian Sausage Lasagna Zesty Tomato & Basil Marinara Sauce Toasted Cheesy Garlic Bread Sautéed Broccoli Florets Spring Mix Salad w/ Balsamic Dressing Italian Wedding Cookies Garden Fresh Tossed Salad Assorted Beverages		
FRIDAY	Eggs to Order Biscuits & Country Sausage Gravy Crispy Hashbrown Patties Grilled Portuguese Sausage Assorted Hot & Cold Cereals Steamed White Rice Assorted Fruit / Assorted Yogurt Assorted Beverages		DINING FACILITY CLOSED CG DAY EVENT		
SATURDAY	DINING FACILITY CLOSED		DINING FACILITY CLOSED		
SUNDAY	DINING FACILITY CLOSED		DINING FACILITY CLOSED		
	PREPARED BY:	VERIFIED BY:		APPROVING OFFICIAL	
C. E. COLVIN, CS3, JOD D. S. MCDONALD, CSCM, FSO A. S. JOCA CAPT, USCG THE FSO RESERVES THE RIGHT TO MAKE ANY NECESSARY CHANGES TO THE MENU DUE TO UNFORESEEN CIRCUMSTANCES OR					
TO PERMIT THE TIMELY USE OF PERISHABLE ITEMS. ASSORTED BEVERAGES AND CONDIMENTS AVAILABLE FOR EVERY MEAL					