

**ERNESTINO BALINA DINING FACILITY**

19 - 23 October 2020



0630-0730

BREAKFAST

1100-1200

LUNCH

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| MONDAY | Eggs to Order Thick Cut French Toast w/ Powdered Sugar & Maple Syrup Hashbrown Patties Grilled Sausage Links Assorted Hot & Cold Cereals Steamed White Calrose Rice Assorted Fruit / Assorted Yogurt Assorted Beverages | Grilled Beer Brats w/ Warm Hoagie Rolls Sautéed Potato & Cheddar Pierogies Caramelized Onions, Sour Cream, & Tangy Sauerkraut Fresh Sautéed Broccoli w/ Garlic Apple Crisp w/ Whipped Topping Garden Fresh Tossed Salad Assorted Beverages |
| TUESDAY | Eggs to Order Fluffy Pancakes w/ Maple Syrup Crispy Diced Potatoes Grilled Spam Assorted Hot & Cold Cereals Steamed White Calrose Rice Assorted Fruit / Assorted Yogurt Assorted Beverages | Grilled Cilantro Lime Marinated Chicken Thighs Black Bean & Quinoa Salad Sautéed Fresh Mexican Zucchini Crispy Tortilla Chips, Fresh Salsa, & Sour Cream Bar Cinnamon Sugar Churros Garden Fresh Tossed Salad Assorted Beverages |
| WEDNESDAY | Eggs to Order Country Ham Breakfast Casserole Potatoes O'Brien Grilled Applewood Smoked Bacon Assorted Hot & Cold Cereals Steamed White Calrose Rice Assorted Fruit / Assorted Yogurt Assorted Beverages | Ground Beef Shepard's Pie Vegetarian Shepard's Pie w/ Mushrooms & Fresh Thyme Creamy Beef Gravy Homemade Honey Buttered Dinner Rolls Tossed Caesar Salad w/ Croutons & Parmesan Cheese Homemade Pumpkin Spice Chocolate Chip Cookies Garden Fresh Tossed Salad Assorted Beverages |
| THURSDAY | Eggs to Order Belgian Waffles w/ Maple Syrup Shredded Hashbrown Casserole Grilled Sausage Patties Assorted Hot & Cold Cereals Steamed White Calrose Rice Assorted Fruit / Assorted Yogurt Assorted Beverages | Breaded Chicken Parmesan w/ Fresh Basil Herbed Buttered Spaghetti Noodles Toasted Garlic Bread Ratatouille w/ Fresh Eggplant & Summer Squash Homemade Tiramisu Garden Fresh Tossed Salad Assorted Beverages |
| FRIDAY | Eggs to Order Biscuits & Country Sausage Gravy Lyonnaise Potatoes Grilled Portuguese Sausage Assorted Hot & Cold Cereals Steamed White Calrose Rice Assorted Fruit / Assorted Yogurt Assorted Beverages | Grilled Mahi Mahi Fish Tacos w/ Chipotle Lime Red & Green Slaw Marinated Chicken Thighs Fiesta Rice w/ Fresh Lime Juice Buttered Corn on the Cob w/ Chili Spice & Fresh Cilantro Soft Serve Ice Cream Bar w/ Assorted Toppings Garden Fresh Tossed Salad Assorted Beverages |
| SATURDAY | DINING FACILITY CLOSED | DINING FACILITY CLOSED |
| SUNDAY | DINING FACILITY CLOSED | DINING FACILITY CLOSED |
| | PREPARED BY: K. L. VASSALLE, CS1, GALLEY SUP | VERIFIED BY: D. S. MCDONALD, CSCM, FSO |
| | APPROVING OFFICIAL T. J. RASMUSSEN, CAPT, USCG | |
| THE FSO RESERVES THE RIGHT TO MAKE ANY NECESSARY CHANGES TO THE MENU DUE TO UNFORESEEN CIRCUMSTANCES OR TO PERMIT THE TIMELY USE OF PERISHABLE ITEMS. ASSORTED BEVERAGES AND CONDIMENTS AVAILABLE FOR EVERY MEAL. | | |