



# Internal Comms Bulletin

Commandant (CG-114)  
U.S. Coast Guard Headquarters  
2703 Martin Luther King Jr Ave SW  
Washington, DC 20953

Number: 013-17  
Issue Date: November 8, 2017  
Contact: Mr. Derrick Masters  
Email: [Derrick.T.Masters@uscg.mil](mailto:Derrick.T.Masters@uscg.mil)

Produced by CG-092

---

## FY18 TRICARE Enrollment Freeze

**BACKGROUND:** Between 20 November and 31 December 2017, members already enrolled in TRICARE will **not** be able to change their health plan or health care provider. In January, TRICARE members will be able to make changes again. Additionally, the TRICARE system will be making some changes to its organizational structure. The steps below and the latest [All Hands blog](#) can help guide current and new TRICARE members through these changes.

### GUIDANCE:

1. First, all beneficiaries should ensure their information is correct in DEERS by visiting: <https://tricare.mil/DEERS>. If members are due to have a life event (ex. birth, adoption, marriage, divorce or death), they must ensure their [DEERS information](#) is up-to-date.
2. All currently enrolled in [TRICARE Prime](#) will remain enrolled in TRICARE Prime throughout this transition.
3. All currently enrolled in TRICARE Standard will transition automatically to TRICARE Select, which is detailed at this URL: <https://tricare.mil/About/Changes/Plans/Select>.
4. All currently enrolled in a TRICARE Premium based plan ([TRICARE Young Adult](#), [TRICARE Reserve Select](#), or [TRICARE Retired Reserve](#)) will remain enrolled in their respective plan as long as they continue to make the required premium-based payments.
5. There are no significant changes to the TRICARE For Life (TFL) benefit and TFL beneficiaries do not need to take any action at this time.
6. New active duty service members (ADSMs) will be automatically enrolled in TRICARE Prime. If active duty family members (ADFMs) live outside of a [Prime Service Area](#) they will be enrolled automatically in TRICARE Select (<https://www.tricare.mil/About/Changes/Select>). ADFMs, who are automatically enrolled, have up to 90 days from their eligibility date to change their health plans.

### ENROLLMENT FREEZE

Beneficiaries need to complete any enrollment actions by November 20<sup>th</sup>, 2017 for coverage starting in January 2018. During this enrollment freeze beneficiaries will still be able to receive care, but there will be a delay to change your health plan and primary care manager during the entire month of December 2017. If you have experienced any qualifying life events (marriage, birth, divorce, or death) update DEERS prior to November 20<sup>th</sup> to ensure TRICARE coverage. To change your primary care manager visit: <https://tricare.mil/FindDoctor/ChangePCM>. To enroll in a different health plan visit: <https://tricare.mil/Enroll>.

### TAKE COMMAND OF YOUR HEALTH BENEFITS

All beneficiaries need to visit <https://www.tricare.mil/About/Changes> to stay up-to-date with the latest on TRICARE changes. They can also sign up for [Email Updates](#) directly from TRICARE.

**ACTION:** Coast Guard commanding officers, officers-in-charge, supervisors at all levels, and networks from units shall keep abreast of HR changes so that they can properly lead their members. Forums for distributing this information include: All Hands sessions, Plans of the Day/Week, e-mail redistribution, and command bulletin boards.

-uscg-