## The Teague Valley Farm springs alive



By Haydee L Thillet, Clinton Field Office district conservationist

Nested in beautiful Campbell County you will find Teague Valley Farms, a small operation that started two years ago but has been in the makings from quite some time thanks to the mighty vision and passion for farming of its proud owner Rachel Teague.

Everyone that meets Rachel can immediately tell how much she loves agriculture and how determined she is to succeed. Now she teaches full time at Jacksboro Elementary School on top of farming, and she looks forward to being a High School Agriculture teacher someday. After a school day, Rachel spends long hours working on her vegetable garden several different flower

patches. During the summer months you will find Rachel at different farmers markets and personally delivering orders of vegetables and flower bouquets.

Among the things we can find at Teague Valley Farms are different varieties of heirloom tomatoes, green beans, cucumbers, jalapenos, and assorted cut flowers. Rachel uses lasagna style raise beds, low tunnels, and cover crops in efforts to become more sustainable. She looks forward to the 2023 market season with her newly installed High Tunnel, as she envisions a longer growing season and new varieties of produce to improve the farmers market experience for her costumers.

Working with Rachel in our office has been a great experience and we look forward to many more years of learning together, as well as sharing our love for sunflowers.



Photo: Rachel Teague in her newly installed high tunnel.

