



DPRR provides I-PAG, SHARP, Suicide Prevention, ASAP, Family Programs, CYSS, MWR, and R2 policies, resources and capabilities for Commanders and Leaders to enhance prevention, strengthen resilience and improve readiness.

### NEWS HIGHLIGHTS



- US Military Dependents in Italy Can Work Remotely for US Employers** Spouses and dependents of U.S. service members no longer have to choose between continuing their career or giving up their rights and protections under the NATO Status of Forces Agreements to telework for American employers. Read more about this change [here](#).
- Defense Department Adjusts Child Care Fees, Expands Flex Spending to Increase Military Access to Quality Child Care** The Defense Department is adjusting how much service members pay in child care fees for the 2023–24 school year to reduce the burden on lower-income Families and to comply with Executive Order 14095. Read more about the expanding coverage [here](#).
- Destigmatizing Mental Health Support for Individuals With a Security Clearance** Teane Smith, senior security specialist, Personnel Security Branch, expresses the importance of Soldiers' mental health and reinforces that seeking professional care for mental health concerns will not jeopardize security clearances. Read the full article [here](#).
- Continuous Vetting Means Staying On Top of Finances** Financial readiness becomes a top priority for Soldiers and their security clearances as continual vetting of the Trust Workforce 2.0 replaces 5- and 10-year traditional reinvestigations. Read about how financial issues can now raise concerns [here](#).
- A Split Second of Hope** Leslie Weirich shares the story of how she lost her son to suicide during his junior year of college and explains how personal relationships can profoundly affect suicide prevention. Read her personal story [here](#).

### TALKING POINTS

**Domestic Violence Awareness Month** Domestic Violence Awareness Month (DVAM) is recognized each year in October and is an opportunity to call attention to domestic violence and advocate to end it. This year, the Army's DVAM theme is "United Against Domestic Abuse." According to the [U.S. Government Accountability Office](#), during FY 2015–2019, there were 40,000 incidents of domestic abuse involving military service members, spouses and intimate partners. Seventy four percent of those cases involved physical abuse. Leaders should emphasize that domestic abuse is incompatible with military values, reduces military readiness and has personal consequences and societal costs. Leaders can emphasize the DVAM 2023 message and unite against domestic abuse by:

- Encouraging calling the [National Domestic Violence Hotline](#) at 1-800-799-7233, texting "START" to 88788 or chatting online with a qualified responder.
- Encouraging calling the [DOD Safe Helpline](#) at 877-995-5247, chatting online or reporting retaliation to a qualified responder.
- Encouraging those who may have experienced domestic violence to seek legal counsel through the [Special Victims' Counsel](#) or the [Office of the Special Trial Counsel](#).

### REMINDERS

- Workplace and Gender Relations Commander's Toolkit and Survey** The [Workplace and Gender Relations Survey](#) of active-duty members is closing October 20. Commanders can download the toolkit from the [Products on Demand](#) site and use it to promote the survey.
- DODEA Pacific** DODEA offers conditional enrollment for children of active-duty Soldiers in grades 9 through 12 who are moving due to a PCS. To start the conditional enrollment process, visit <https://dodeasis.myfollett.com/aspden/logon.do>.
- Exceptional Family Member Program Training Sessions** EFMP hosts events to empower parents to learn about their children's education. The [upcoming training session](#) is on Individualized Education Plans (IEP) on October 17. Sign up today as seats are limited.
- FY2024, Quarter 1 Directorate of Prevention, Resilience and Readiness Communications Playbook** The Communications Playbook keeps public affairs officers and other stakeholders apprised of the messages and themes that the directorate will promote. Download a copy of this resource [here](#).

### REINFORCE

- AR 600-92** The Army kicked off Suicide Prevention Month in September by unveiling several important new resources to bolster Army Suicide Prevention Program implementation across the force, including [Army Regulation 600-92](#).
- Lethal Means Safety Toolkit** The [Lethal Means Safety Toolkit](#) is now available. This toolkit serves to educate Army personnel about lethal means safety (LMS) and provides guidance and resources on how to integrate LMS into their daily lives and roles.
- HQDA EXORD 358-23** This [EXORD](#), Implementation of FY23 Independent Review Commission Hiring Actions to Counter Sexual Assault in the Military, was released August 29 and added to regulatory guidance to advance phase 2 SHARP hiring actions.
- Army Family Advocacy Program** [FAP](#) helps Soldiers and Families recognize and meet the unique challenges of military lifestyles. Services include seminars, workshops, counseling and intervention to help strengthen Army Families, enhance resiliency and relationship skills, and improve quality of life.
- Follow Along With DPRR Through Social Media Platforms** To keep up with the latest news, programs and capabilities from DPRR, connect with us on [Facebook](#), [Instagram](#), [Twitter](#) and [LinkedIn](#).

### SPOTLIGHT

**New DOD Actions to Prevent Suicide in the Military** The DOD has devised and adopted five key lines of effort based on recommendations from the Suicide Prevention and Response Independent Review Committee. For more information, [see the full memorandum](#).

**National Discussion on Sexual Assault and Sexual Harassment at America's Colleges, Universities and Military Service Academies** [The National Discussion on Sexual Assault and Sexual Harassment at America's Colleges](#) is scheduled for October 24. The theme is "Empowering Student Communities to Cultivate Healthy Climates."

**MILPER Message Number 23-411, 'Guidance for Conducting Ask Care Escort Suicide Intervention Training (ACE-SI)'** MILPER 23-411 was published on October 2. More information is available by visiting <https://www.hrc.army.mil/Milper/23-411>.

**Financial Planning Month** October is [Financial Planning Month](#); the purpose is to encourage Soldiers and their Families to make a financial plan.

### RESOURCES

**DPRR Website** For the latest news about and resources from I-PAG, SHARP, suicide prevention and other programs, visit the DPRR website. <https://www.armyresilience.army.mil>

**SHARP Resources for Commanders** Commanders can find SHARP resources, including information on responding to sexual harassment and sexual assault, as well as victim support resources from DOD, government and nonprofit organizations. <https://www.armyresilience.army.mil/sharp/pages/Resources-for-Commanders.html>

**Suicide Prevention Resources for Leaders** Commanders and unit leaders can find suicide prevention resources such as handbooks and toolkits on the DPRR website. Visit <https://www.armyresilience.army.mil/suicide-prevention/pages/LeaderResources.html>.

**Financial Readiness Program** Soldiers and military spouses can find service providers, programs and resources for securing their financial future across every milestone in their military career. For information, visit <https://www.financialfrontline.org/>.

**Quality of Life** Resources are available for the Army's six quality-of-life priorities: housing, health care, child care, spouse employment, permanent change-of-station moves and support and resilience. For more information, visit <https://www.army.mil/qualityoflife/>.

**Exceptional Family Member Program** This mandatory enrollment program assists active-duty service members who have a Family member who has been identified as having special medical and/or educational needs. For more information, visit <https://efmp.army.mil/EnterpriseEfmp/>.

**Survivor Outreach Services** Family members of fallen Soldiers have access to long-term support, including SOS coordinators and financial counselors. For more information, visit <https://dcs9.army.mil/safr/sos/sos.html>.

**SHARP and Suicide Prevention Materials Available:**

**Resilience in Focus** The power of imagination can help us harness our potential. Imagery and visualization are two ways we can practice succeeding at a task to be better prepared for the real event. To learn about imagery and PETTLEP, click [here](#). For additional tools and techniques for building resilience strategies, visit the [RIF](#) site.

**988 Mental Health Crisis Number** As of last July, service members and military veterans who are experiencing a mental health crisis, including thoughts of suicide, can dial 988 and press 1 to speak with a mental health professional. This change linked the Veterans Crisis Line to the National Suicide Prevention Lifeline. The 988 number did not replace OCONUS numbers. For more information and the OCONUS numbers, click [here](#).

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### UPCOMING EVENTS

**October 22-25:** The Hotline and National Conference on Domestic Violence

**October 24:** National Discussion on Sexual Assault and Sexual Harassment at America's Colleges, Universities and Service Academies

**November 12-15:** American Public Health Association Conference