



UHA Statement on the Rise in COVID-19 Infections in Utah

Utah's hospitals support plans by Governor Herbert and other state leaders to return our society and economy to normal conditions amid the COVID-19 pandemic. However, we are very concerned with the recent significant increase in COVID-19 infections in Utah.

Our success in returning to somewhat "normal" economic and social life requires that all of us exercise these simple but profoundly important precautions:

1. Proper social distancing (6' apart)
2. Wearing masks, and
3. Using good personal hygiene, including frequent handwashing, avoiding face-touching and disinfecting high-touch surfaces.

For those with underlying health conditions, continuing to "stay safe and stay home" as much as possible is strongly recommended.

We commend Utah's citizens and businesses who are complying with these common-sense measures. But we all need to join this effort—not only for our own protection or even as a matter of common courtesy to those we meet, but most importantly of all, **we must do these things if we are to stop the spread of COVID-19 infections in Utah.**

Wearing masks greatly reduces the odds of the wearer infecting others. But if we all wear masks, we protect each other as well.