

**Understanding and Supporting  
Attachment and Emotion Regulation**  
Two virtual webinars

**Part One—  
2 December 7pm**



**Part two  
4 December 7pm**



Dr Ahmar Ferguson is an Educational Psychologist working with us.

This is a repeat of two webinars looking at understanding and supporting attachment and emotion regulation in early years.

Webinar 1 will focus on what we mean by the psychological term attachment, what the various types are, how to recognise attachment difficulties and what we can do as adults to support.

Webinar 2 will focus more specifically on how behaviours (children with insecure attachment) might manifest, explores the cycle of dysregulation and offers strategies on how to support.

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**If you have any questions please email us at:**

**KBEYSPH@northfleet-nur.kent.sch.uk**

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