

# Making Every Contact Count (MECC): Vaccinations

## Would you like to:

- ✓ Gain confidence discussing vaccinations?
- ✓ Discover tools for structuring effective conversations?
- ✓ Understand vaccines and their impact on individuals and communities?
- ✓ Learn key vaccination messages across life stages?
- ✓ Know where to direct people to have vaccinations?



If so, join our **new training workshops** that explore how **Making Every Contact Count (MECC)** can help you promote meaningful conversations and support **vaccination uptake**.



## Aim of the Workshop

To enable participants to use an **evidence-based behaviour-change approach** when having conversations about vaccination and immunisation.

This training will be delivered **face-to-face or online** and is open to **anyone working with the public in West Sussex**.



## What You'll Gain

By attending, you will:

- Understand what MECC is and its key principles
- Explore how conversations relating to vaccinations can fit into your role
- Develop skills to use *healthy conversation techniques* and promote support services
- Become confident in having MECC-style conversations about health and vaccination



## Dates & Venues

17 <sup>th</sup> November 2025	9.30am to 12.30	The Needles Family Hub, Horsham
18 <sup>th</sup> November 2025	1pm to 4pm	Chichester County Hall
19 <sup>th</sup> January 2026	9.30am to 12.30	Arun East Family Hub
25 <sup>th</sup> February 2026	9.30am to 12.30	Webinar
19 <sup>th</sup> March 2026	9.30am to 12.30	Broadfield Family Hub, Crawley

**More dates to follow...**




[\[Click here to book your place via the Learning and Development Gateway\]](#)



**MECC Networking Events (Virtual):** For those who have already attended a MECC learning event, our networking sessions offer ongoing support, CPD opportunities, and a chance to share ideas and practice.



8 Dec 2025, 12:00 – 1:00pm,  24 Mar 2026, 2:00 – 3:00pm, MS Teams



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