

Supervised toothbrushing for 3-5 year olds

You may be aware that there is guidance in place for settings to implement supervised toothbrushing for Early Years.

This is not as scary as it sounds! You are not expected to brush anyone's teeth for them.

The Oral Health Promotion team (part of Special Care Dental Service) are commissioned by West Sussex County Council to support each setting to get set up. They will visit each setting interested to advise on best way for you to carry out toothbrushing.

You will be given everything that is required. Toothbrushes, paste and storage racks. Plus, a digital folder of all the letters, consent, risk assessments etc. They will deliver new brushes and paste every term and twice a year the children will be given take home packs too.

We have many schools in West Sussex that have established toothbrushing already and we are on hand to help, should you need us.

For further information, please email the team

sc-troralhealthpromotionteam@nhs.net

Thank you