

## SMHL Locality Network Meetings

Our Senior Mental Health Lead locality network meetings provide our SMHLs across the county with opportunities to network, share learning, and receive updates. It has been brilliant to see so many of you this year at our networks this year, thank you to all who have been able to join us.

Each network meeting is based on a theme related to one of the eight principles of a whole school approach to mental health. Themes this academic year have been Staff Wellbeing, Identifying Need and Monitoring Impact, and Sharing Practice. In the autumn term we will be focussing on emotionally-based school avoidance.

Next year we are trialling a new format which we hope will benefit everyone. This means we will be holding separate meetings for primary, secondary, and Post-16 settings.

Please hold the dates below in your diary for next year's meetings, and if you are able to host any of the face-to-face dates, please email [Vik Machin](#).

Invitations will be sent directly to your inbox.

### Primary Schools Coastal (Adur, Arun, Chichester, Worthing)

Dates	Format	Venue
13/11/25 , 1pm-3pm	Online	Teams
09/03/26 , 1pm-3pm	Online	Teams
10/06/26 , 1pm-3pm	Face-to-face	TBC

### Primary Schools North (Crawley, Mid Sussex, Horsham)

Dates	Format	Venue
11/11/25 , 1pm-3pm	Online	Teams
05/03/26 , 1pm-3pm	Online	Teams
08/06/26 , 1pm-3pm	Face-to-face	TBC

## Secondary Schools Coastal (Adur, Arun, Chichester, Worthing)

Dates	Format	Venue
10/11/25 , 1pm-3pm	Online	Teams
04/03/25 , 1pm-3pm	Online	Teams
11/06/26 , 1pm-3pm	Face-to-face	TBC

## Secondary Schools North (Crawley, Mid Sussex, Horsham)

Dates	Format	Venue
26/11/26 , 1pm-3pm	Online	Teams
16/03/26 , 1pm-3pm	Online	Teams
25/06/26 , 1pm-3pm	Face-to-face	TBC

## Post-16

Dates	Format	Venue
19/11/25 , 1pm-3pm	Online	Teams
19/03/26 , 1pm-3pm	Online	Teams
15/06/26 , 1pm-3pm	Face-to-face	TBC