

Brought to you by the team at Sage House, Dementia Supporter training is an opportunity for professional and community groups to gain awareness, compassion and an understanding of Dementia. Our 45 minute training sessions are tailored to each audience, and are designed to provide the required knowledge and tools to support others.

## Learn how to navigate the world of Dementia



- What is Dementia?
- How do you perceive it?
- The facts and figures
- The different types
- The person behind the disease
- Living well with Dementia
- How you can offer support

There are almost 1 million people living with Dementia in the UK, and over 42,000 of those people are under 65. You might know someone living with dementia, or come into contact with people living or caring for those with dementia in your place of work. At Dementia Support, we want to share our wealth of experience to help eliminate the stigma surrounding Dementia, but also to make the world a place where it is understood, accepted and treated with empathy across all sectors.





## Become a Dementia Supporter

Where are the sessions held? We are based at our Tangmere hub, Sage House in West Sussex. You can come to us, we can travel to you or we can organise an online session for the whole team! Our sessions are interactive and engaging so tend to work best in person, however we can deliver virtually if distance requires.

**To make a booking or query please email Jacque Pond:**  
[educationandlearning@dementiasupport.org.uk](mailto:educationandlearning@dementiasupport.org.uk)



**Find us:** Sage House, City Fields Way, Tangmere, Chichester, West Sussex, PO20 2FP  
**Contact us:** [www.dementiasupport.org.uk](http://www.dementiasupport.org.uk) | 01243 888691 | [info@dementiasupport.org.uk](mailto:info@dementiasupport.org.uk)  
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